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## Create - Program Schedule | September 2019

Schedule subject to change. Please visit [vermontpbs.org](http://vermontpbs.org) for most up-to-date listings.

### Sunday | September 1

- 6:00AM **Fit 2 Stitch**
- 6:30AM **Grand View** "Mount Rainier National Park" (R)
- 7:00AM **Lucky Chow** "Ramen Mania" (R) (also 9/2 1am)
- 7:30AM **Nigella: At My Table** (R)
- 8:00AM **Jacques Pepin: More Fast Food My Way** "Light And Luscious" (R)
- 8:30AM **Joanne Weir's Plates And Places** "Tagines"
- 9:00AM **Trails To Oishii Tokyo**
- 9:30AM **Journeys In Japan**
- 10:00AM **Ask This Old House** "Swing Set, Robotic Construction" (R) (also 9/1 6pm, 9/1 10pm, 9/2 4am, 9/4 10am, 9/4 6pm, 9/4 10pm, 9/5 4am)
- 10:30AM **The Woodwright's Shop** "Combination Planes" (R)
- 11:00AM **Garden Smart**
- 11:30AM **Urban Conversion** (R) (also 9/29 11:30am)
- 12:00PM **Steven Raichlen's Project Fire** "Grilling With Wood" (also 9/2 6am, 9/2 12pm, 9/19 6:30pm, 9/19 9:30pm, 9/20 3:30am, 9/21 3:30am)
- 12:30PM **Steven Raichlen's Project Fire** "Brisket 24 / 7" (also 9/2 6:30am, 9/2 12:30pm, 9/20 6:30pm, 9/20 9:30pm, 9/23 3:30am)
- 1:00PM **Steven Raichlen's Project Fire** "Gulf Coast Grill"  
Blackened redfish, Florida shrimp boil, oysters and clams are prepared in Steinhatchee, Florida. (also 9/2 7am, 9/2 1pm, 9/3 1am, 9/22 6:30pm, 9/22 9:30pm, 9/28 3pm, 9/29 3:30am)
- 1:30PM **Steven Raichlen's Project Fire** "Green Meets Grill"  
A squash, black bean and queso fresco pizza and portobello mushrooms with grilled bread are served. (also 9/2 7:30am, 9/2 1:30pm, 9/23 6:30pm, 9/23 9:30pm, 9/24 3:30am)
- 2:00PM **Steven Raichlen's Project Fire** "Secret Steaks"  
A flavorful steak cut from a hog's belly and a brisket steak with shallot sage butter are featured. (also 9/2 8am, 9/2 2pm, 9/24 6:30pm, 9/24 9:30pm, 9/25 3:30am)
- 2:30PM **Steven Raichlen's Project Fire** "Primal Grill"  
Ember-grilled bread and ember-roasted vegetable salad and amaretti-stuffed pears are served. (also 9/2 8:30am, 9/2 2:30pm, 9/25 6:30pm, 9/25 9:30pm, 9/26 3:30am)
- 3:00PM **Steven Raichlen's Project Fire** "Tex Meets Mex"  
Snapper en pipian in a grilled vegetable and pumpkin seed sauce and pork shoulder pibil are served. (also 9/2 9am, 9/2 3pm, 9/26 6:30pm, 9/26 9:30pm, 9/27 3:30am, 9/28 3:30am)
- 3:30PM **Steven Raichlen's Project Fire** "The Best Bbq You've Never Heard Of"  
Cornell chicken, Baltimore pit beef and sweet, smoky barbecued salmon are highlighted. (also 9/2 9:30am, 9/2 3:30pm, 9/5 10:30pm, 9/6 4:30am, 9/27 6:30pm, 9/27 9:30pm, 9/30 3:30am)
- 4:00PM **Steven Raichlen's Project Fire** "Shoulder On"  
The shoulder, the richest, meatiest, most flavorful cut you find in the meat department, #is explored. (also 9/30 6:30pm, 9/30 9:30pm)

**4:30PM Steven Raichlen's Project Fire "Chino-Latino"**

Chino-Latino grilling is explored with tangerine teriyaki chicken and butter rum grilled plantains.

**5:00PM Steven Raichlen's Project Fire "Miami Spice"**

Grilled mojito cocktail and Florida lobster grilled with rum butter baste and mango salsa are served.

**5:30PM Steven Raichlen's Project Fire "Raichlen Rules Steak"**

Steven focuses on how steak has evolved. It's every carnivore's dream and every griller's triumph!

**6:00PM Ask This Old House "Swing Set, Robotic Construction" (R)**

Tom travels to Colorado to help a couple build a DIY swing set for their young son. (also 9/1 10pm, 9/2 4am, 9/4 10am, 9/4 6pm, 9/4 10pm, 9/5 4am)

**6:30PM Mexico -- One Plate At A Time With Rick Bayless "Always Time For Tacos"**

Steak tacos al carbon, bistec tacos a la plancha and stewed tacos de guisado are prepared. (also 9/1 9:30pm, 9/2 3:30am, 9/16 6:30pm, 9/16 9:30pm, 9/17 3:30am)

**7:00PM Steven Raichlen's Project Smoke "Ribs Rock The Smoker" (R)**

Recipes include Big Bad Beef Ribs, Jamaican Jerk Spare Ribs and Spice-Smoked Lamb Ribs. (also 9/2 12:30am)

**7:30PM Christopher Kimball's Milk Street Television "Milk Street Menu" (R)**

Milk Street Cook Matthew Card shows how to make no-sear lamb or beef and chickpea stew.

**8:00PM Martha Stewart's Cooking School "Turkey" (R)**

Martha shows how to braise Turkey Legs and prepares Roasted Rolled Turkey Breast with herbs. (also 9/1 11:30pm, 9/2 2am, 9/2 5:30am)

**8:30PM America's Test Kitchen From Cook's Illustrated "Pork Chops And Oven Fries" (R)**

Test cook Elle Simone makes the ultimate deviled pork chops. Thick-cut oven fries are prepared. (also 9/2 12am, 9/2 2:30am)

**9:00PM Nick Stellino: Storyteller In The Kitchen "The Ocean" (R)**

Dishes include Swordfish "Agrodolce" and Scallop with Red Pepper Zucchini Cream Sauce. (also 9/2 3am)

**9:30PM Mexico -- One Plate At A Time With Rick Bayless "Always Time For Tacos"**

Steak tacos al carbon, bistec tacos a la plancha and stewed tacos de guisado are prepared. (also 9/2 3:30am, 9/16 6:30pm, 9/16 9:30pm, 9/17 3:30am)

**10:00PM Ask This Old House "Swing Set, Robotic Construction" (R)**

Tom travels to Colorado to help a couple build a DIY swing set for their young son. (also 9/2 4am, 9/4 10am, 9/4 6pm, 9/4 10pm, 9/5 4am)

**10:30PM Rick Steves' Europe "Stockholm" (R)**

Experience the city's cultural highlights, visit gilded royal staterooms sample gourmet reindeer . (also 9/2 4:30am)

**11:00PM Samantha Brown's Places To Love "Ireland's Northwest Coast" (R)**

Samantha goes green and marks off the Northwest coast of Ireland from her bucket list as she starts an epic adventure in County Donegal. Samantha is inspired by a poetry reading of William Butler ... (also 9/2 5am)

**11:30PM Martha Stewart's Cooking School "Turkey" (R)**

Martha shows how to braise Turkey Legs and prepares Roasted Rolled Turkey Breast with herbs. (also 9/2 2am, 9/2 5:30am)

**12:00AM America's Test Kitchen From Cook's Illustrated "Pork Chops And Oven Fries" (R) (also 9/2 2:30am)****12:30AM Steven Raichlen's Project Smoke "Ribs Rock The Smoker" (R)****1:00AM Lucky Chow "Ramen Mania" (R)****1:30AM Pedal America "Women Of Red Rock - Sedona, Arizona" (R) (also 9/26 1:30am)****2:00AM Martha Stewart's Cooking School "Turkey" (R) (also 9/2 5:30am)****2:30AM America's Test Kitchen From Cook's Illustrated "Pork Chops And Oven Fries" (R)****3:00AM Nick Stellino: Storyteller In The Kitchen "The Ocean" (R)****3:30AM Mexico -- One Plate At A Time With Rick Bayless "Always Time For Tacos" (also 9/16 6:30pm, 9/16 9:30pm, 9/17 3:30am)**

4:00AM **Ask This Old House** "Swing Set, Robotic Construction" (R) (also 9/4 10am, 9/4 6pm, 9/4 10pm, 9/5 4am)

4:30AM **Rick Steves' Europe** "Stockholm" (R)

5:00AM **Samantha Brown's Places To Love** "Ireland's Northwest Coast" (R)

5:30AM **Martha Stewart's Cooking School** "Turkey" (R)

## Monday | September 2

6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "All In For Albondingas"

Meatball torta and traditional versions of albondingas in the old-school Bar Mancera are featured. (also 9/2 9:30pm, 9/3 3:30am, 9/7 3pm, 9/8 3:30am, 9/17 6:30pm, 9/17 9:30pm, 9/18 3:30am)

7:00PM **Simply Ming** "Carla Hall" (R)

Ming and Carla Hall prepare fragrant calaloo, cassava in coconut sauce and watercress soup. (also 9/3 12:30am)

7:30PM **Sara's Weeknight Meals** "Asian Flavors With Dale Talde" (R)

Pad Thai with Oysters and Bacon and Angry Chicken spiced like Kim Chee with potatoes are cooked up. (also 9/7 1pm)

8:00PM **Lidia's Kitchen** "Starring Olive Oil" (R)

Lidia uses olive oil to prepare cannellini bean and lentil soup along with olive oil cake. (also 9/2 11:30pm, 9/3 2am, 9/3 5:30am, 9/7 1:30pm, 9/7 5pm, 9/8 2am, 9/8 5:30am)

8:30PM **Cook's Country** "Pub-Style Seafood" (R)

Test cook Ashley Moore makes Bridget Lancaster perfect Fish and Chips. Shrimp Burgers are served. (also 9/3 12am, 9/3 2:30am, 9/7 2pm, 9/7 5:30pm)

9:00PM **Pati's Mexican Table** "One Day In Oaxaca" (R)

Tasajo torta with smokey guacamole and nopalitos salad with pickled chipotle are served. (also 9/3 3am, 9/7 2:30pm, 9/8 3am)

9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "All In For Albondingas"

Meatball torta and traditional versions of albondingas in the old-school Bar Mancera are featured. (also 9/3 3:30am, 9/7 3pm, 9/8 3:30am, 9/17 6:30pm, 9/17 9:30pm, 9/18 3:30am)

10:00PM **Steven Raichlen's Project Fire** "So-Cal Grill" (R)

Grilled tuna tacos, Santa Barbara lobsters with orange mint mojo and grilled artichokes are made. (also 9/3 4am, 9/7 3:30pm, 9/8 4am, 9/8 10:30pm, 9/9 4:30am)

10:30PM **Richard Bangs' Adventures With Purpose Hong Kong** (R)

Explore the dazzling Chinese New Year festival and streets beneath the Central District skyscrapers. (also 9/3 4:30am, 9/7 4pm, 9/8 4:30am)

11:30PM **Lidia's Kitchen** "Starring Olive Oil" (R)

Lidia uses olive oil to prepare cannellini bean and lentil soup along with olive oil cake. (also 9/3 2am, 9/3 5:30am, 9/7 1:30pm, 9/7 5pm, 9/8 2am, 9/8 5:30am)

12:00AM **Cook's Country** "Pub-Style Seafood" (R) (also 9/3 2:30am, 9/7 2pm, 9/7 5:30pm)

12:30AM **Simply Ming** "Carla Hall" (R)

1:00AM **Steven Raichlen's Project Fire** "Gulf Coast Grill" (also 9/22 6:30pm, 9/22 9:30pm, 9/28 3pm, 9/29 3:30am)

1:30AM **Equitrekking** "Alberta" (R)

2:00AM **Lidia's Kitchen** "Starring Olive Oil" (R) (also 9/3 5:30am, 9/7 1:30pm, 9/7 5pm, 9/8 2am, 9/8 5:30am)

2:30AM **Cook's Country** "Pub-Style Seafood" (R) (also 9/7 2pm, 9/7 5:30pm)

3:00AM **Pati's Mexican Table** "One Day In Oaxaca" (R) (also 9/7 2:30pm, 9/8 3am)

3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "All In For Albondingas" (also 9/7 3pm, 9/8 3:30am, 9/17 6:30pm, 9/17 9:30pm, 9/18 3:30am)

4:00AM **Steven Raichlen's Project Fire** "So-Cal Grill" (R) (also 9/7 3:30pm, 9/8 4am, 9/8 10:30pm, 9/9 4:30am)

4:30AM **Richard Bangs' Adventures With Purpose Hong Kong** (R) (also 9/7 4pm, 9/8 4:30am)

5:30AM **Lidia's Kitchen** "Starring Olive Oil" (R) (also 9/7 1:30pm, 9/7 5pm, 9/8 2am, 9/8 5:30am)

## Tuesday | September 3

6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Mole Is Mexico's Mother Sauce"  
Rick leads a lesson in red mole making and prepares a herbacious mole verde with fish. (also 9/3 9:30pm, 9/4 3:30am, 9/18 6:30pm, 9/18 9:30pm, 9/19 3:30am)

7:00PM **The Great British Baking Show** "Masterclass 4"  
A wheat-free crusty rye loaf, sweet and savory pretzels and Sussex Pond pudding are re-created. (also 9/4 12:30am)

8:00PM **Martha Stewart's Cooking School** "French Bistro Classics" (R)  
A robust Stew with seasonal Vegetables called Lamb Navarin and Nicoise Salad are prepared. (also 9/3 11:30pm, 9/4 2am, 9/4 5:30am)

8:30PM **America's Test Kitchen From Cook's Illustrated** "Chocolate Delights" (R)  
Bridget and Julia uncover the secrets to making all-butter pie dough and chocolate cream pie. (also 9/4 12am, 9/4 2:30am, 9/8 12am, 9/8 2:30am)

9:00PM **Nick Stellino: Storyteller In The Kitchen** "Funny Farm" (R)  
Chicken Scallopini with Mushrooms and Marsala and Chicken Scallopini with Mortadella Cream Sauce. (also 9/4 3am)

9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Mole Is Mexico's Mother Sauce"  
Rick leads a lesson in red mole making and prepares a herbacious mole verde with fish. (also 9/4 3:30am, 9/18 6:30pm, 9/18 9:30pm, 9/19 3:30am)

10:00PM **Craftsman's Legacy** "The Gun Maker" (R)  
Gunsmith Mike Brooks builds long rifles based on designs more than 100 years old. (also 9/4 4am)

10:30PM **Travelscope** "Port Aransas, Texas - Fun On The Texas' Coa" (R)  
Joseph enjoys a cooling and relaxing stay among the gentle gulf breezes of the South Texas Coast. (also 9/4 4:30am)

11:00PM **Born To Explore With Richard Wiese** "South Carolina: A Taste Of The South" (R)  
Richard Wiese explores the Lowcountry charm of Charleston and harvests oysters in Bulls Bay. (also 9/4 5am)

11:30PM **Martha Stewart's Cooking School** "French Bistro Classics" (R)  
A robust Stew with seasonal Vegetables called Lamb Navarin and Nicoise Salad are prepared. (also 9/4 2am, 9/4 5:30am)

12:00AM **America's Test Kitchen From Cook's Illustrated** "Chocolate Delights" (R) (also 9/4 2:30am, 9/8 12am, 9/8 2:30am)

12:30AM **The Great British Baking Show** "Masterclass 4"

1:30AM **Curious Traveler** "Curious Vancouver" (R)

2:00AM **Martha Stewart's Cooking School** "French Bistro Classics" (R) (also 9/4 5:30am)

2:30AM **America's Test Kitchen From Cook's Illustrated** "Chocolate Delights" (R) (also 9/8 12am, 9/8 2:30am)

3:00AM **Nick Stellino: Storyteller In The Kitchen** "Funny Farm" (R)

3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Mole Is Mexico's Mother Sauce" (also 9/18 6:30pm, 9/18 9:30pm, 9/19 3:30am)

4:00AM **Craftsman's Legacy** "The Gun Maker" (R)

4:30AM **Travelscope** "Port Aransas, Texas - Fun On The Texas' Coa" (R)

5:00AM **Born To Explore With Richard Wiese** "South Carolina: A Taste Of The South" (R)

5:30AM **Martha Stewart's Cooking School** "French Bistro Classics" (R)

## Wednesday | September 4

6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "A Tour Of Tacos Al Pastor"  
Mexico city taco culture is explored. Tacos al pastor and grill-roasted black cod al pastor are made. (also 9/4 9:30pm, 9/5 3:30am)

7:00PM **Steven Raichlen's Project Smoke** "How To Smoke When You Don't Have A Smoker" (R)  
Smoked Eggplant Dip with Walnuts and Feta, Smoked Gazpacho and Stovetop Smoked Salmon. (also 9/5 12:30am)

7:30PM **Christopher Kimball's Milk Street Television** "Milk Street Holidays" (R)  
Milk Street Cook Catherine Smart makes prune, peppercorn and fresh herb-rubbed roast beef.

8:00PM **Lidia's Kitchen** "Spice It Up" (R)  
Recipes include mussels with fennel and saffron, spicy stuffed clams and chicken and zucchini salad. (also 9/4 11:30pm, 9/5 2am, 9/5 5:30am)

8:30PM **Cook's Country** "Ultimate Comfort Foods" (R)  
Julia Collin Davison and Bridget Lancaster revive a traditional recipe for Wellesley Fudge Cake. (also 9/5 12am, 9/5 2:30am)

9:00PM **Pati's Mexican Table** "History Of Oaxaca Cuisine" (R)  
Sweet potato and black bean tamales and avocado, watercress and pecan salad are prepared. (also 9/5 3am)

9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "A Tour Of Tacos Al Pastor"  
Mexico city taco culture is explored. Tacos al pastor and grill-roasted black cod al pastor are made. (also 9/5 3:30am)

10:00PM **Ask This Old House** "Swing Set, Robotic Construction" (R)  
Tom travels to Colorado to help a couple build a DIY swing set for their young son. (also 9/5 4am)

10:30PM **Rick Steves' Europe** "Rome: Back-Street Riches" (R)  
Explore the Trastevere district and the back lanes and unheralded corners of this grand metropolis. (also 9/5 4:30am)

11:00PM **Samantha Brown's Places To Love** "Orange County, California" (R)  
Samantha travels to Orange County in Southern California and meets legendary surfer PT Townend. (also 9/5 5am)

11:30PM **Lidia's Kitchen** "Spice It Up" (R)  
Recipes include mussels with fennel and saffron, spicy stuffed clams and chicken and zucchini salad. (also 9/5 2am, 9/5 5:30am)

12:00AM **Cook's Country** "Ultimate Comfort Foods" (R) (also 9/5 2:30am)

12:30AM **Steven Raichlen's Project Smoke** "How To Smoke When You Don't Have A Smoker" (R)

1:00AM **Lucky Chow** "Koreatown U.S.a" (R)

1:30AM **Pedal America** "Living In Harmony - Tampa & St. Petersburg, Florida" (R) (also 9/30 1:30am)

2:00AM **Lidia's Kitchen** "Spice It Up" (R) (also 9/5 5:30am)

2:30AM **Cook's Country** "Ultimate Comfort Foods" (R)

3:00AM **Pati's Mexican Table** "History Of Oaxaca Cuisine" (R)

3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "A Tour Of Tacos Al Pastor" (R)

4:00AM **Ask This Old House** "Swing Set, Robotic Construction" (R)

4:30AM **Rick Steves' Europe** "Rome: Back-Street Riches" (R)

5:00AM **Samantha Brown's Places To Love** "Orange County, California" (R)

5:30AM **Lidia's Kitchen** "Spice It Up" (R)

#### Thursday | September 5

6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Chilaquiles, Comforting And Classic"  
Traditional chilaquiles get an elegant touch with fried butternut strips and a pasilla chile sauce. (also 9/5 9:30pm, 9/6 3:30am)

7:00PM **The Great British Baking Show** "Christmas Masterclass" (R)  
Stollen, mincemeat streusel and a gingerbread house and more Christmas classics are served. (also 9/6 12:30am)

8:00PM **Martha Stewart's Cooking School** "The Grind" (R)  
Sweet and tangy glazed Meatloaf and sweet and hot Italian-style Pork Sausage are served. (also 9/5 11:30pm, 9/6 2am, 9/6 5:30am)

8:30PM **America's Test Kitchen From Cook's Illustrated** "Roast Chicken And Sprouts" (R)  
Julia and Bridget unlock the secrets to the ultimate roast chicken with warm bread salad. (also 9/6 12am, 9/6 2:30am)

9:00PM **Nick Stellino: Storyteller In The Kitchen** "Tails' From The Gridiron" (R)  
Shrimp Salad with Cannellini Beans and Sicilian Salad with Shrimp and Calamari are prepared. (also 9/6 3am)

9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Chilaquiles, Comforting And Classic"  
Traditional chilaquiles get an elegant touch with fried butternut strips and a pasilla chile sauce. (also 9/6 3:30am)

10:00PM **Craftsman's Legacy** "The Blacksmith" (R)  
Lorelei Sims, a talented blacksmith working in a mostly male-dominated trade, is visited. (also 9/6 4am)

10:30PM **Steven Raichlen's Project Fire** "The Best Bbq You've Never Heard Of"  
Cornell chicken, Baltimore pit beef and sweet, smoky barbecued salmon are highlighted. (also 9/6 4:30am, 9/27 6:30pm, 9/27 9:30pm, 9/30 3:30am)

11:00PM **Born To Explore With Richard Wiese** "Canada: Spirit Bear" (R)  
Born to Explore journeys to Canada in search of the legendary grizzly bear. Richard Wiese travels to British Columbia, a region filled with mountains, hidden lakes, and a past rich in the spirit of ... (also 9/6 5am)

11:30PM **Martha Stewart's Cooking School** "The Grind" (R)  
Sweet and tangy glazed Meatloaf and sweet and hot Italian-style Pork Sausage are served. (also 9/6 2am, 9/6 5:30am)

12:00AM **America's Test Kitchen From Cook's Illustrated** "Roast Chicken And Sprouts" (R) (also 9/6 2:30am)

12:30AM **The Great British Baking Show** "Christmas Masterclass" (R)

1:30AM **Curious Traveler** "Curious Loire Valley" (R)

2:00AM **Martha Stewart's Cooking School** "The Grind" (R) (also 9/6 5:30am)

2:30AM **America's Test Kitchen From Cook's Illustrated** "Roast Chicken And Sprouts" (R)

3:00AM **Nick Stellino: Storyteller In The Kitchen** "Tails' From The Gridiron" (R)

3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Chilaquiles, Comforting And Classic" (R)

4:00AM **Craftsman's Legacy** "The Blacksmith" (R)

4:30AM **Steven Raichlen's Project Fire** "The Best Bbq You've Never Heard Of" (also 9/27 6:30pm, 9/27 9:30pm, 9/30 3:30am)

5:00AM **Born To Explore With Richard Wiese** "Canada: Spirit Bear" (R)

5:30AM **Martha Stewart's Cooking School** "The Grind" (R)

## Friday | September 6

6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Chocolate And Churros, Breakfast Of Champions"  
Mexican hot chocolate features churro nibbles showered atop Mexican hot chocolate ice cream. (also 9/6 9:30pm, 9/7 3:30am)

7:00PM **Simply Ming** "Jacques Pepin" (R)  
Curly dogs with relish, mayogrette dressing and potato salad and Chinese sausage buns are made. (also 9/7 12:30am)

7:30PM **Sara's Weeknight Meals** "Remembering Julia" (R)  
A tribute to Julia Child features Broccoli and Goat Cheese Souffleed Omelet and Chicken Cassoulet.

8:00PM **Lidia's Kitchen** "A Perfect Roast" (R)  
A salad of warm greens with bacon and mushrooms and roasted pork loin with cabbage are served. (also 9/6 11:30pm, 9/7 2am, 9/7 5:30am)

8:30PM **Cook's Country** "Ballpark Classics" (R)  
Bridget Lancaster and Julia Collin Davison grill sausage and peppers. Ballpark pretzels are made. (also 9/7 12am, 9/7 2:30am)

9:00PM **Pati's Mexican Table** "A Queen In The Land Of The Gods" (R)  
Oaxacan chicken with oregano and garlic, grilled corn salad and burnt milk ice cream are served. (also 9/7 3am, 9/28 7am, 9/28 7pm, 9/29 1pm)

9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Chocolate And Churros, Breakfast Of Champions"  
Mexican hot chocolate features churro nibbles showered atop Mexican hot chocolate ice cream. (also 9/7 3:30am)

10:00PM **This Old House** "Jamestown | Designing Their Dream Home" (R)  
Richard demonstrates how a heat pump works and Mark watches as stone veneer is applied. (also 9/7 4am, 9/14 10am, 9/14 9:30pm, 9/15 4pm)

10:30PM **Richard Bangs' Adventures With Purpose Morocco**  
Journey to Marrakesh, Ouarzazate, Tangier, Rabat and Casablanca in search of a modern-day Kasbah. (also 9/7 4:30am)

11:30PM **Lidia's Kitchen** "A Perfect Roast" (R)  
A salad of warm greens with bacon and mushrooms and roasted pork loin with cabbage are served. (also 9/7 2am, 9/7 5:30am)

12:00AM **Cook's Country** "Ballpark Classics" (R) (also 9/7 2:30am)

12:30AM **Simply Ming** "Jacques Pepin" (R)

1:00AM **Bringing It Home With Laura Mcintosh** "Watermelon"

1:30AM **Equitrekking** "Equitrekking Turkey's Coast, Istanbul And Cappadoc" (R)

2:00AM **Lidia's Kitchen** "A Perfect Roast" (R) (also 9/7 5:30am)

2:30AM **Cook's Country** "Ballpark Classics" (R)

3:00AM **Pati's Mexican Table** "A Queen In The Land Of The Gods" (R) (also 9/28 7am, 9/28 7pm, 9/29 1pm)

3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Chocolate And Churros, Breakfast Of Champions" (R)

4:00AM **This Old House** "Jamestown | Designing Their Dream Home" (R) (also 9/14 10am, 9/14 9:30pm, 9/15 4pm)

4:30AM **Richard Bangs' Adventures With Purpose Morocco**

5:30AM **Lidia's Kitchen** "A Perfect Roast" (R)

## Saturday | September 7

6:00AM **Rick Steves' European Travel Tips And Tricks** (also 9/7 6pm, 9/8 12pm)

7:00AM **Rick Steves Rome** (also 9/7 7pm, 9/8 1pm)

8:00AM **Rick Steves Andalucia: Southern Spain** (also 9/7 8pm, 9/8 2pm)

9:00AM **Rick Steves European Festivals** (also 9/7 9pm, 9/8 3pm)

10:00AM **Rick Steves Symphonic Journey** (also 9/7 10pm, 9/8 4pm)

11:00AM **Rick Steves Cruising The Mediterranean** (R) (also 9/7 11pm, 9/8 5pm)

12:00PM **Steven Raichlen's Project Fire** "One Good Turn" (R)

12:30PM **Growing a Greener World** "The Private Garden Of A Public Gardener (Wayne, Pa)" (R) (also 9/8 12:30am)

1:00PM **Sara's Weeknight Meals** "Asian Flavors With Dale Talde" (R)  
Pad Thai with Oysters and Bacon and Angry Chicken spiced like Kim Chee with potatoes are cooked up.

1:30PM **Lidia's Kitchen** "Starring Olive Oil" (R)  
Lidia uses olive oil to prepare cannellini bean and lentil soup along with olive oil cake. (also 9/7 5pm, 9/8 2am, 9/8 5:30am)

2:00PM **Cook's Country** "Pub-Style Seafood" (R)  
Test cook Ashley Moore makes Bridget Lancaster perfect Fish and Chips. Shrimp Burgers are served. (also 9/7 5:30pm)

2:30PM **Pati's Mexican Table** "One Day In Oaxaca" (R)  
Tasajo torta with smokey guacamole and nopalitos salad with pickled chipotle are served. (also 9/8 3am)

3:00PM **Mexico -- One Plate At A Time With Rick Bayless** "All In For Albondingas"

Meatball torta and traditional versions of albondingas in the old-school Bar Mancera are featured. (also 9/8 3:30am, 9/17 6:30pm, 9/17 9:30pm, 9/18 3:30am)

3:30PM **Steven Raichlen's Project Fire "So-Cal Grill" (R)**

Grilled tuna tacos, Santa Barbara lobsters with orange mint mojo and grilled artichokes are made. (also 9/8 4am, 9/8 10:30pm, 9/9 4:30am)

4:00PM **Richard Bangs' Adventures With Purpose Hong Kong (R)**

Explore the dazzling Chinese New Year festival and streets beneath the Central District skyscrapers. (also 9/8 4:30am)

5:00PM **Lidia's Kitchen "Starring Olive Oil" (R)**

Lidia uses olive oil to prepare cannellini bean and lentil soup along with olive oil cake. (also 9/8 2am, 9/8 5:30am)

5:30PM **Cook's Country "Pub-Style Seafood" (R)**

Test cook Ashley Moore makes Bridget Lancaster perfect Fish and Chips. Shrimp Burgers are served.

6:00PM **Rick Steves' European Travel Tips And Tricks**

Itinerary planning, avoiding crowds and more essential skills for smart European travel are shared. (also 9/8 12pm)

7:00PM **Rick Steves Rome**

Rick traces the rise and fall of classical Rome and uncovers the charms of hidden neighborhoods. (also 9/8 1pm)

8:00PM **Rick Steves Andalucia: Southern Spain**

Rick Steves explores the region's rich mix of culture, cuisine, history and natural wonders. (also 9/8 2pm)

9:00PM **Rick Steves European Festivals**

Rick celebrates the top 10 festivals in Europe, each one rich with tradition, great food and fun. (also 9/8 3pm)

10:00PM **Rick Steves Symphonic Journey**

Rick Steves teams up with the Cascade Symphony Orchestra for a musical tour of America and Europe. (also 9/8 4pm)

11:00PM **Rick Steves Cruising The Mediterranean (R)**

Rick Steves sails from Barcelona to Athens with exciting stops in the French Riviera, Rome and more. (also 9/8 5pm)

12:00AM **America's Test Kitchen From Cook's Illustrated "Chocolate Delights" (R)** (also 9/8 2:30am)

12:30AM **Growing a Greener World "The Private Garden Of A Public Gardener (Wayne, Pa)" (R)**

1:00AM **Bringing It Home With Laura Mcintosh "Leafy Greens" (also 9/9 7am, 9/9 1pm, 9/10 1am)**

1:30AM **Curious Traveler "Curious Venice" (R)** (also 9/11 1:30am)

2:00AM **Lidia's Kitchen "Starring Olive Oil" (R)** (also 9/8 5:30am)

2:30AM **America's Test Kitchen From Cook's Illustrated "Chocolate Delights" (R)**

3:00AM **Pati's Mexican Table "One Day In Oaxaca" (R)**

3:30AM **Mexico -- One Plate At A Time With Rick Bayless "All In For Albondingas" (also 9/17 6:30pm, 9/17 9:30pm, 9/18 3:30am)**

4:00AM **Steven Raichlen's Project Fire "So-Cal Grill" (R)** (also 9/8 10:30pm, 9/9 4:30am)

4:30AM **Richard Bangs' Adventures With Purpose Hong Kong (R)**

5:30AM **Lidia's Kitchen "Starring Olive Oil" (R)**

## Sunday | September 8

6:00AM **Fit 2 Stitch**

6:30AM **Grand View "Olympic National Park" (R)**

7:00AM **Lucky Chow "Northern Thai Cuisine" (R)** (also 9/9 1am)

7:30AM **Food Flirts "Burger Meets Dosa" (R)** (also 9/29 7:30am)



- 8:00AM **Jacques Pepin: More Fast Food My Way** "Breaking With Tradition" (R)
- 8:30AM **Joanne Weir's Plates And Places** "The Flavors Of Venice" (R)
- 9:00AM **Trails To Oishii Tokyo**
- 9:30AM **Journeys In Japan**
- 10:00AM **Ask This Old House** "Concrete Walkway, Jimmy Diresta" (R) (also 9/8 10pm, 9/9 4am, 9/11 10am, 9/11 6pm, 9/11 10pm, 9/12 4am)
- 10:30AM **The Woodwright's Shop** "Who Wrote The Book Of Sloyd?" (R)
- 11:00AM **Garden Smart**
- 11:30AM **Urban Conversion** (R)
- 12:00PM **Rick Steves' European Travel Tips And Tricks**
- 1:00PM **Rick Steves Rome**  
Rick traces the rise and fall of classical Rome and uncovers the charms of hidden neighborhoods.
- 2:00PM **Rick Steves Andalucia: Southern Spain**  
Rick Steves explores the region's rich mix of culture, cuisine, history and natural wonders.
- 3:00PM **Rick Steves European Festivals**  
Rick celebrates the top 10 festivals in Europe, each one rich with tradition, great food and fun.
- 4:00PM **Rick Steves Symphonic Journey**  
Rick Steves teams up with the Cascade Symphony Orchestra for a musical tour of America and Europe.
- 5:00PM **Rick Steves Cruising The Mediterranean** (R)  
Rick Steves sails from Barcelona to Athens with exciting stops in the French Riviera, Rome and more.
- 6:00PM **This Old House -- 40th Anniversary Special**  
Join hosts and cast members to celebrate 40 years of groundbreaking home improvement.
- 7:30PM **Christopher Kimball's Milk Street Television** "Crazy Noodles" (R)  
Milk Street visits Peru to learn a new way to make pesto and soba with miso butter and asparagus.
- 8:00PM **Martha Stewart's Cooking School** "Cooking With Wine" (R)  
Richly flavored Beef Bourguignon, a Tomato-and-Wine-based Fish Stew and Chicken Marsala are served. (also 9/8 11:30pm, 9/9 2am, 9/9 5:30am)
- 8:30PM **America's Test Kitchen From Cook's Illustrated** "The Perfect Cake" (R)  
Bridget and Julia reveal the secrets to making the perfect gingerbread layer cake at home. (also 9/9 12am, 9/9 2:30am)
- 9:00PM **Nick Stellino: Storyteller In The Kitchen** "Soup For The Soul" (R)  
Delicious dishes include Mussel Soup with Brandy and Saffron and Lentil Soup with Sausages. (also 9/9 3am)
- 9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Teaching Tortilla Soup" (R)  
Rick prepares a tried-and-true sopa de tortilla and a meal-in-a-bowl lamb-pasilla caldo. (also 9/9 3:30am)
- 10:00PM **Ask This Old House** "Concrete Walkway, Jimmy Diresta" (R)  
A concrete walkway is replaced with brick pavers. Richard explains how gas piping is installed. (also 9/9 4am, 9/11 10am, 9/11 6pm, 9/11 10pm, 9/12 4am)
- 10:30PM **Steven Raichlen's Project Fire** "So-Cal Grill" (R)  
Grilled tuna tacos, Santa Barbara lobsters with orange mint mojo and grilled artichokes are made. (also 9/9 4:30am)
- 11:00PM **Samantha Brown's Places To Love** "Montreal, Canada" (R)  
Samantha takes an evening walking tour of Old Montreal and celebrates the city's history. (also 9/9 5am)
- 11:30PM **Martha Stewart's Cooking School** "Cooking With Wine" (R)  
Richly flavored Beef Bourguignon, a Tomato-and-Wine-based Fish Stew and Chicken Marsala are served. (also 9/9 2am, 9/9 5:30am)
- 12:00AM **America's Test Kitchen From Cook's Illustrated** "The Perfect Cake" (R) (also 9/9 2:30am)

- 12:30AM **Steven Raichlen's Project Smoke** "Big Bad Beef" (R)
- 1:00AM **Lucky Chow** "Northern Thai Cuisine" (R)
- 1:30AM **Pedal America** "Let's Keep It Weird - Austin, Texas" (R)
- 2:00AM **Martha Stewart's Cooking School** "Cooking With Wine" (R) (also 9/9 5:30am)
- 2:30AM **America's Test Kitchen From Cook's Illustrated** "The Perfect Cake" (R)
- 3:00AM **Nick Stellino: Storyteller In The Kitchen** "Soup For The Soul" (R)
- 3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Teaching Tortilla Soup" (R)
- 4:00AM **Ask This Old House** "Concrete Walkway, Jimmy Diresta" (R) (also 9/11 10am, 9/11 6pm, 9/11 10pm, 9/12 4am)
- 4:30AM **Steven Raichlen's Project Fire** "So-Cal Grill" (R)
- 5:00AM **Samantha Brown's Places To Love** "Montreal, Canada" (R)
- 5:30AM **Martha Stewart's Cooking School** "Cooking With Wine" (R)

### Monday | September 9

- 6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Picture-Perfect Pozole Party" (R)  
Rick explores pozole in Mexico and creates seafood pozole verde, rich and lush with velvety broth. (also 9/9 9:30pm, 9/10 3:30am, 9/14 3pm, 9/15 3:30am)
- 7:00PM **Simply Ming** "Aaron Sanchez" (R)  
Aaron Sanchez and Ming prepare albondigas tacos and beef and salted watercress scallion pancakes. (also 9/10 12:30am)
- 7:30PM **Sara's Weeknight Meals** "A Trip To Brazil W/Leticia Moreinos Schwartz" (R)  
Salt Cod with Bacon, Onions, Eggs and Potatoes and Chicken, Shrimp, Peanut and Cashew Stew are made. (also 9/14 1pm)
- 8:00PM **Lidia's Kitchen** "Southern Italian Salads" (R)  
Calabria is famous for its fiery salami spread, 'nduja. It is delicious on warm grilled bread, and Lidia shows viewers how to make a bruschetta with 'nduja. She then makes raw and cooked salad for ... (also 9/9 11:30pm, 9/10 2am, 9/10 5:30am, 9/14 1:30pm, 9/14 5pm, 9/15 2am, 9/15 5:30am)
- 8:30PM **Cook's Country** "A Trip To Tarheel Country" (R)  
Bryan Roof shows Julia Collin Davison a top secret recipe for North Carolina dipped fried chicken. (also 9/10 12am, 9/10 2:30am, 9/14 2pm)
- 9:00PM **Pati's Mexican Table** "The Mezcal Trail" (R)  
Mexican steak salad is prepared and a delicious oaxacan sour is served. (also 9/10 3am, 9/14 2:30pm, 9/15 3am)
- 9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Picture-Perfect Pozole Party" (R)  
Rick explores pozole in Mexico and creates seafood pozole verde, rich and lush with velvety broth. (also 9/10 3:30am, 9/14 3pm, 9/15 3:30am)
- 10:00PM **This Old House** "Jamestown | Powering Net Zero" (R)  
Tom discusses difference between blueboard and drywall and Jeff and Tom install a wood ceiling. (also 9/10 4am, 9/13 10am, 9/13 6pm, 9/13 10pm, 9/14 4am, 9/14 10:30am, 9/14 3:30pm, 9/14 10pm, 9/15 4am, 9/15 4:30pm)
- 10:30PM (also 9/10 4:30am, 9/14 4pm, 9/15 4:30am)
- 11:30PM **Lidia's Kitchen** "Southern Italian Salads" (R)  
Calabria is famous for its fiery salami spread, 'nduja. It is delicious on warm grilled bread, and Lidia shows viewers how to make a bruschetta with 'nduja. She then makes raw and cooked salad for ... (also 9/10 2am, 9/10 5:30am, 9/14 1:30pm, 9/14 5pm, 9/15 2am, 9/15 5:30am)
- 12:00AM **Cook's Country** "A Trip To Tarheel Country" (R) (also 9/10 2:30am, 9/14 2pm)
- 12:30AM **Simply Ming** "Aaron Sanchez" (R)
- 1:00AM **Bringing It Home With Laura Mcintosh** "Leafy Greens" (R)

- 1:30AM **Equitrekking** "Jordan: Petra, Royal Stables & Dead Sea" (R)
- 2:00AM **Lidia's Kitchen** "Southern Italian Salads" (R) (also 9/10 5:30am, 9/14 1:30pm, 9/14 5pm, 9/15 2am, 9/15 5:30am)
- 2:30AM **Cook's Country** "A Trip To Tarheel Country" (R) (also 9/14 2pm)
- 3:00AM **Pati's Mexican Table** "The Mezcal Trail" (R) (also 9/14 2:30pm, 9/15 3am)
- 3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Picture-Perfect Pozole Party" (R) (also 9/14 3pm, 9/15 3:30am)
- 4:00AM **This Old House** "Jamestown | Powering Net Zero" (R) (also 9/13 10am, 9/13 6pm, 9/13 10pm, 9/14 4am, 9/14 10:30am, 9/14 3:30pm, 9/14 10pm, 9/15 4am, 9/15 4:30pm)
- 4:30AM (also 9/14 4pm, 9/15 4:30am)
- 5:30AM **Lidia's Kitchen** "Southern Italian Salads" (R) (also 9/14 1:30pm, 9/14 5pm, 9/15 2am, 9/15 5:30am)

## Tuesday | September 10

- 6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Beautifully Balanced Ceviche"  
Rick makes classic ceviche and dials it up with recipes for ceviches with coconut and a little booze. (also 9/10 9:30pm, 9/11 3:30am)
- 7:00PM **The Great British Baking Show** "Cake" (R)  
Madeira cake is the Signature challenge. Mary Berry's frosted walnut cake must be duplicated. (also 9/11 12:30am)
- 8:00PM **Martha Stewart's Cooking School** "Italian Favorites" (R)  
A decadent eight-layer Pork Ragu and Bechamel-filled Lasagna and Chicken Parmesan are prepared. (also 9/10 11:30pm, 9/11 2am, 9/11 5:30am)
- 8:30PM **America's Test Kitchen From Cook's Illustrated** "Chinese Favorites" (R)  
Flat hand-pulled noodles with chili oil vinaigrette and Chinese-style barbecued spareribs are made. (also 9/11 12am, 9/11 2:30am, 9/15 12am, 9/15 2:30am)
- 9:00PM **Nick Stellino: Storyteller In The Kitchen** "The Lobster Story" (R)  
Pasta with Lobster Sauce, Langoustine Sliders and White Chocolate Pudding are served. (also 9/11 3am)
- 9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Beautifully Balanced Ceviche"  
Rick makes classic ceviche and dials it up with recipes for ceviches with coconut and a little booze. (also 9/11 3:30am)
- 10:00PM **Craftsman's Legacy** "The Blade Maker" (R)  
Knife-maker Tim Zowada's creations start from sand collected from Lake Michigan. (also 9/11 4am)
- 10:30PM **Travelscope** "Rwanda - Among The Gorillas" (R)  
Joseph treks into the mountain forest of the Parc National des Volcans to find endangered gorillas. (also 9/11 4:30am)
- 11:00PM **Born To Explore With Richard Wiese** "North Dakota: Where Legends Are Born" (R)  
Host Richard Wiese travels to the land of Lewis and Clark to explore North Dakota from its badlands to its parks. Discover wildlife like bison, elk, and bighorn sheep in the majesty of Theodore ... (also 9/11 5am)
- 11:30PM **Martha Stewart's Cooking School** "Italian Favorites" (R)  
A decadent eight-layer Pork Ragu and Bechamel-filled Lasagna and Chicken Parmesan are prepared. (also 9/11 2am, 9/11 5:30am)
- 12:00AM **America's Test Kitchen From Cook's Illustrated** "Chinese Favorites" (R) (also 9/11 2:30am, 9/15 12am, 9/15 2:30am)
- 12:30AM **The Great British Baking Show** "Cake" (R)
- 1:30AM **Curious Traveler** "Curious Venice" (R)
- 2:00AM **Martha Stewart's Cooking School** "Italian Favorites" (R) (also 9/11 5:30am)
- 2:30AM **America's Test Kitchen From Cook's Illustrated** "Chinese Favorites" (R) (also 9/15 12am, 9/15 2:30am)
- 3:00AM **Nick Stellino: Storyteller In The Kitchen** "The Lobster Story" (R)

- 3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Beautifully Balanced Ceviche" (R)
- 4:00AM **Craftsman's Legacy** "The Blade Maker" (R)
- 4:30AM **Travelscope** "Rwanda - Among The Gorillas" (R)
- 5:00AM **Born To Explore With Richard Wiese** "North Dakota: Where Legends Are Born" (R)
- 5:30AM **Martha Stewart's Cooking School** "Italian Favorites" (R)

### Wednesday | September 11

- 6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Tried & True Tamales"  
Rick explores classic Central-style tamales and at home prepares a surprising sweet corn tamale. (also 9/11 9:30pm, 9/12 3:30am)
- 7:00PM **Steven Raichlen's Project Smoke** "Bacon 24 / 7" (R)  
Made-From-Scratch Bacon, Canadian Bacon, Tulsa Torpedo and Snow Crab Poppers are created. (also 9/12 12:30am)
- 7:30PM **Christopher Kimball's Milk Street Television** "Japan Fried Chicken" (R)  
Milk Street Cook Catherine Smart demonstrates a simpler and tastier way to crisp fried chicken.
- 8:00PM **Lidia's Kitchen** "Everything Rice" (R)  
Lidia makes risotto with mushrooms, red onions stuffed with rice and fried risotto using leftovers. (also 9/11 11:30pm, 9/12 2am, 9/12 5:30am)
- 8:30PM **Cook's Country** "New Recipes For The Grill" (R)  
Bridget Lancaster makes fried chicken wings on the grill! Grilled pork burgers are also prepared. (also 9/12 12am, 9/12 2:30am)
- 9:00PM **Pati's Mexican Table** "From Pueblo To City" (R)  
Delicious dishes include meatballs in guajillo sauce and arroz con chepil. (also 9/12 3am, 9/28 9am, 9/28 9pm, 9/29 3pm)
- 9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Tried & True Tamales"  
Rick explores classic Central-style tamales and at home prepares a surprising sweet corn tamale. (also 9/12 3:30am)
- 10:00PM **Ask This Old House** "Concrete Walkway, Jimmy Diresta" (R)  
A concrete walkway is replaced with brick pavers. Richard explains how gas piping is installed. (also 9/12 4am)
- 10:30PM **Rick Steves' Europe** "London: Historic And Dynamic" (R)  
Visit Westminster Abbey, explore the British Library and enjoy the vibrant evening scene in Soho. (also 9/12 4:30am)
- 11:00PM **Samantha Brown's Places To Love** "Oregon Rv Trip" (R)  
An RV road trip throughout the state of Oregon takes Samantha to Hood River and Fossil to Bend. (also 9/12 5am)
- 11:30PM **Lidia's Kitchen** "Everything Rice" (R)  
Lidia makes risotto with mushrooms, red onions stuffed with rice and fried risotto using leftovers. (also 9/12 2am, 9/12 5:30am)
- 12:00AM **Cook's Country** "New Recipes For The Grill" (R) (also 9/12 2:30am)
- 12:30AM **Steven Raichlen's Project Smoke** "Bacon 24 / 7" (R)
- 1:00AM **Lucky Chow** "Filipino Entrepreneurs" (R)
- 1:30AM **Pedal America** "In Search Of The Raystown Ray - Raystown Lake, Penn." (R)
- 2:00AM **Lidia's Kitchen** "Everything Rice" (R) (also 9/12 5:30am)
- 2:30AM **Cook's Country** "New Recipes For The Grill" (R)
- 3:00AM **Pati's Mexican Table** "From Pueblo To City" (R) (also 9/28 9am, 9/28 9pm, 9/29 3pm)
- 3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Tried & True Tamales" (R)
- 4:00AM **Ask This Old House** "Concrete Walkway, Jimmy Diresta" (R)
- 4:30AM **Rick Steves' Europe** "London: Historic And Dynamic" (R)
- 5:00AM **Samantha Brown's Places To Love** "Oregon Rv Trip" (R)

5:30AM **Lidia's Kitchen** "Everything Rice" (R)

#### Thursday | September 12

6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Choosing Chiles Rellenos"  
Rick demonstrates the tricky business of battering and frying chiles for classic chiles rellenos. (also 9/12 9:30pm, 9/13 3:30am)

7:00PM **The Great British Baking Show** "Biscuits" (R)  
The remaining 11 bakers tackle biscuits. Biscotti and puff pastry arlettes are prepared. (also 9/13 12:30am)

8:00PM **Martha Stewart's Cooking School** "On The Bone" (R)  
Sumptuous Oxtail, slow-roasted Beef Ribs, Cowboy Steak and Korean Short-Rib Kebabs are served. (also 9/12 11:30pm, 9/13 2am, 9/13 5:30am)

8:30PM **America's Test Kitchen From Cook's Illustrated** "The Perfect Cookie" (R)  
Test cook Dan Souza makes Julia a festive recipe for easy holiday sugar cookies. (also 9/13 12am, 9/13 2:30am)

9:00PM **Nick Stellino: Storyteller In The Kitchen** "Meatballs For Life" (R)  
Meatballs Ammugghiate and Chicken Meatballs in Parmesan Cream Sauce are prepared. (also 9/13 3am)

9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Choosing Chiles Rellenos"  
Rick demonstrates the tricky business of battering and frying chiles for classic chiles rellenos. (also 9/13 3:30am)

10:00PM **Craftsman's Legacy** "The Book Maker" (R)  
Chad Pastotnik, a maker fine art books, discusses 400-year-old printing and binding techniques. (also 9/13 4am)

10:30PM **Travelscope** "Rwanda - In Search Of Chimpanzees" (R)  
Chimpanzee, Olive Baboons and Black and White Colobus Monkeys are found in Nyungwe National Park. (also 9/13 4:30am)

11:00PM **Born To Explore With Richard Wiese** "North Carolina: Bears, Gators And Wolves" (R)  
Richard Wiese travels to North Carolina, and a region where bears and red wolves collide. Meet the dedicated wildlife biologists whose mission is to restore the endangered red wolf and bear to this ... (also 9/13 5am)

11:30PM **Martha Stewart's Cooking School** "On The Bone" (R)  
Sumptuous Oxtail, slow-roasted Beef Ribs, Cowboy Steak and Korean Short-Rib Kebabs are served. (also 9/13 2am, 9/13 5:30am)

12:00AM **America's Test Kitchen From Cook's Illustrated** "The Perfect Cookie" (R) (also 9/13 2:30am)

12:30AM **The Great British Baking Show** "Biscuits" (R)

1:30AM **Curious Traveler** "Curious Kotor" (R)

2:00AM **Martha Stewart's Cooking School** "On The Bone" (R) (also 9/13 5:30am)

2:30AM **America's Test Kitchen From Cook's Illustrated** "The Perfect Cookie" (R)

3:00AM **Nick Stellino: Storyteller In The Kitchen** "Meatballs For Life" (R)

3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Choosing Chiles Rellenos" (R)

4:00AM **Craftsman's Legacy** "The Book Maker" (R)

4:30AM **Travelscope** "Rwanda - In Search Of Chimpanzees" (R)

5:00AM **Born To Explore With Richard Wiese** "North Carolina: Bears, Gators And Wolves" (R)

5:30AM **Martha Stewart's Cooking School** "On The Bone" (R)

#### Friday | September 13

6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "You Don't Know The Whole Enchilada"  
Rick makes show-stopping dishes of classic green chile enchiladas and red chile shrimp enchiladas. (also 9/13 9:30pm, 9/14 3:30am)

7:00PM **Simply Ming** "Barbara Lynch" (R)

Ricotta ravioli and ginger edamame ravioli with a Chinese vinegar and brown butter sauce are made. (also 9/14 12:30am)

7:30PM **Sara's Weeknight Meals** "Cook Once, Eat Twice" (R)

Meals include Spicy Roast Pork, Pork Banh Mi Sandwiches, Sauteed Duck Breasts and Peking Duck Wraps.

8:00PM **Lidia's Kitchen** "Chocolate And Dinner" (R)

Lidia shares some of her favorite chocolate desserts and one deliciously creamy risotto recipe. (also 9/13 11:30pm, 9/14 2am, 9/14 5:30am)

8:30PM **Cook's Country** "Spaghetti House Classics" (R)

Test cook Christie Morrison makes host Julia Collin Davison the perfect hearty beef lasagna. (also 9/14 12am, 9/14 2:30am)

9:00PM **Pati's Mexican Table** "Women Of Oaxaca" (R)

Coloradito chicken, mashed potato cazuela, almond and chocolate leche cake are prepared. (also 9/14 3am)

9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "You Don't Know The Whole Enchilada"

Rick makes show-stopping dishes of classic green chile enchiladas and red chile shrimp enchiladas. (also 9/14 3:30am)

10:00PM **This Old House** "Jamestown | Powering Net Zero" (R)

Tom discusses difference between blueboard and drywall and Jeff and Tom install a wood ceiling. (also 9/14 4am, 9/14 10:30am, 9/14 3:30pm, 9/14 10pm, 9/15 4am, 9/15 4:30pm)

10:30PM **Richard Bangs' Adventures With Purpose Norway: Quest for the Viking Spirit**

The adventurer seeks the modern-day "Viking Spirit" in Norway's cities and forbidding Arctic north. (also 9/14 4:30am)

11:30PM **Lidia's Kitchen** "Chocolate And Dinner" (R)

Lidia shares some of her favorite chocolate desserts and one deliciously creamy risotto recipe. (also 9/14 2am, 9/14 5:30am)

12:00AM **Cook's Country** "Spaghetti House Classics" (R) (also 9/14 2:30am)

12:30AM **Simply Ming** "Barbara Lynch" (R)

1:00AM **Bringing It Home With Laura Mcintosh** "Sweet Potatoes" (R)

1:30AM **Equitrekking** "Uruguay" (R)

2:00AM **Lidia's Kitchen** "Chocolate And Dinner" (R) (also 9/14 5:30am)

2:30AM **Cook's Country** "Spaghetti House Classics" (R)

3:00AM **Pati's Mexican Table** "Women Of Oaxaca" (R)

3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "You Don't Know The Whole Enchilada" (R)

4:00AM **This Old House** "Jamestown | Powering Net Zero" (R) (also 9/14 10:30am, 9/14 3:30pm, 9/14 10pm, 9/15 4am, 9/15 4:30pm)

4:30AM **Richard Bangs' Adventures With Purpose Norway: Quest for the Viking Spirit**

5:30AM **Lidia's Kitchen** "Chocolate And Dinner" (R)

## Saturday | September 14

6:00AM **This Old House** (R) (also 9/14 5:30pm, 9/15 12pm)

6:30AM **This Old House** (R) (also 9/14 6pm, 9/15 12:30pm)

7:00AM **This Old House** (R) (also 9/14 6:30pm, 9/15 1pm)

7:30AM **This Old House** "Jamestown | A Charleston Family Home Is Reborn" (R) (also 9/14 7pm, 9/15 1:30pm)

8:00AM **This Old House** "Jamestown | Ramp Up The R Value" (R) (also 9/14 7:30pm, 9/15 2pm)

8:30AM **This Old House** "Jamestown | Net Zero Blanket" (R) (also 9/14 8pm, 9/15 2:30pm)

9:00AM **This Old House** "Jamestown | Modern Barn Raising" (R) (also 9/14 8:30pm, 9/15 3pm)

- 9:30AM **This Old House** "Jamestown | Air Tight House" (R) (also 9/14 9pm, 9/15 3:30pm)
- 10:00AM **This Old House** "Jamestown | Designing Their Dream Home" (R) (also 9/14 9:30pm, 9/15 4pm)
- 10:30AM **This Old House** "Jamestown | Powering Net Zero" (R) (also 9/14 3:30pm, 9/14 10pm, 9/15 4am, 9/15 4:30pm)
- 11:00AM **This Old House** "Jamestown | Roger's Nod To Sod" (R) (also 9/14 10:30pm, 9/15 5pm, 9/16 10am, 9/16 6pm, 9/16 10pm, 9/17 4am, 9/20 10am, 9/20 6pm, 9/20 10pm, 9/21 4am, 9/21 3:30pm, 9/22 4am)
- 11:30AM **This Old House** (R) (also 9/14 11pm, 9/15 5:30pm, 9/23 10am, 9/23 6pm, 9/23 10pm, 9/24 4am, 9/27 10am, 9/27 6pm, 9/27 10pm, 9/28 4am, 9/28 3:30pm, 9/29 4am)
- 12:00PM **This Old House** "Jamestown | Net Zero Comes Together" (R) (also 9/14 11:30pm, 9/15 6pm, 9/30 10am, 9/30 6pm, 9/30 10pm)
- 12:30PM **Growing a Greener World** "Urban Farm, Country Town - The Spark In Sparta (Sp)" (R) (also 9/15 12:30am)
- 1:00PM **Sara's Weeknight Meals** "A Trip To Brazil W/Leticia Moreinos Schwartz" (R)  
Salt Cod with Bacon, Onions, Eggs and Potatoes and Chicken, Shrimp, Peanut and Cashew Stew are made.
- 1:30PM **Lidia's Kitchen** "Southern Italian Salads" (R)  
Calabria is famous for its fiery salami spread, 'nduja. It is delicious on warm grilled bread, and Lidia shows viewers how to make a bruschetta with 'nduja. She then makes raw and cooked salad for ... (also 9/14 5pm, 9/15 2am, 9/15 5:30am)
- 2:00PM **Cook's Country** "A Trip To Tarheel Country" (R)  
Bryan Roof shows Julia Collin Davison a top secret recipe for North Carolina dipped fried chicken.
- 2:30PM **Pati's Mexican Table** "The Mezcal Trail" (R)  
Mexican steak salad is prepared and a delicious oaxacan sour is served. (also 9/15 3am)
- 3:00PM **Mexico -- One Plate At A Time With Rick Bayless** "Picture-Perfect Pozole Party" (R)  
Rick explores pozole in Mexico and creates seafood pozole verde, rich and lush with velvety broth. (also 9/15 3:30am)
- 3:30PM **This Old House** "Jamestown | Powering Net Zero" (R)  
Tom discusses difference between blueboard and drywall and Jeff and Tom install a wood ceiling. (also 9/14 10pm, 9/15 4am, 9/15 4:30pm)
- 4:00PM (also 9/15 4:30am)
- 5:00PM **Lidia's Kitchen** "Southern Italian Salads" (R)  
Calabria is famous for its fiery salami spread, 'nduja. It is delicious on warm grilled bread, and Lidia shows viewers how to make a bruschetta with 'nduja. She then makes raw and cooked salad for ... (also 9/15 2am, 9/15 5:30am)
- 5:30PM **This Old House** (R)  
Work begins to transform a 1920s bungalow in Jamestown Rhode Island to a larger net zero house. (also 9/15 12pm)
- 6:00PM **This Old House** (R)  
Shingles with asbestos are removed and the foundation wall panels arrive and are placed. (also 9/15 12:30pm)
- 6:30PM **This Old House** (R)  
Jeff shows Kevin how he's framing the net zero house. Richard demonstrates heat loss and gain. (also 9/15 1pm)
- 7:00PM **This Old House** "Jamestown | A Charleston Family Home Is Reborn" (R)  
New apprentices join the team in Rhode Island as the roof goes up and the house gets sheathed. (also 9/15 1:30pm)
- 7:30PM **This Old House** "Jamestown | Ramp Up The R Value" (R)  
Insulation is crucial to a net zero house. Kevin finds Jeff and the apprentices starting the work. (also 9/15 2pm)
- 8:00PM **This Old House** "Jamestown | Net Zero Blanket" (R)  
Roof insulation is next step at the net zero house. The apprentices install and flash windows. (also 9/15 2:30pm)
- 8:30PM **This Old House** "Jamestown | Modern Barn Raising" (R)  
The electrician installs a load center. Tom and apprentices put up cedar roof shingles. (also 9/15 3pm)
- 9:00PM **This Old House** "Jamestown | Air Tight House" (R)  
The home is sealed against air leaks and Jeff fabricates pieces for porch columns and rails. (also 9/15 3:30pm)
- 9:30PM **This Old House** "Jamestown | Designing Their Dream Home" (R)

Richard demonstrates how a heat pump works and Mark watches as stone veneer is applied. (also 9/15 4pm)

10:00PM **This Old House** "Jamestown | Powering Net Zero" (R)

Tom discusses difference between blueboard and drywall and Jeff and Tom install a wood ceiling. (also 9/15 4am, 9/15 4:30pm)

10:30PM **This Old House** "Jamestown | Roger's Nod To Sod" (R)

Richard inspects the HVAC installation and a gas fireplace goes in the living room. (also 9/15 5pm, 9/16 10am, 9/16 6pm, 9/16 10pm, 9/17 4am, 9/20 10am, 9/20 6pm, 9/20 10pm, 9/21 4am, 9/21 3:30pm, 9/22 4am)

11:00PM **This Old House** (R)

America's favorite home improvement series, the Emmy Award-winning THIS OLD HOUSE, with host Kevin O'Connor, general contractor Tom Silva, plumbing and heating expert Richard Trethewey, landscape ... (also 9/15 5:30pm, 9/23 10am, 9/23 6pm, 9/23 10pm, 9/24 4am, 9/27 10am, 9/27 6pm, 9/27 10pm, 9/28 4am, 9/28 3:30pm, 9/29 4am)

11:30PM **This Old House** "Jamestown | Net Zero Comes Together" (R)

The Net Zero house is complete. Kevin and Tom discuss challenges and Richard reviews mechanicals. (also 9/15 6pm, 9/30 10am, 9/30 6pm, 9/30 10pm)

12:00AM **America's Test Kitchen From Cook's Illustrated** "Chinese Favorites" (R) (also 9/15 2:30am)

12:30AM **Growing a Greener World** "Urban Farm, Country Town - The Spark In Sparta (Sp)" (R)

1:00AM **Bringing It Home With Laura Mcintosh** "Brussels Sprouts" (also 9/16 7am, 9/16 1pm, 9/17 1am)

1:30AM **Curious Traveler** "Curious Oslo" (R) (also 9/18 1:30am)

2:00AM **Lidia's Kitchen** "Southern Italian Salads" (R) (also 9/15 5:30am)

2:30AM **America's Test Kitchen From Cook's Illustrated** "Chinese Favorites" (R)

3:00AM **Pati's Mexican Table** "The Mezcal Trail" (R)

3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Picture-Perfect Pozole Party" (R)

4:00AM **This Old House** "Jamestown | Powering Net Zero" (R) (also 9/15 4:30pm)

4:30AM

5:30AM **Lidia's Kitchen** "Southern Italian Salads" (R)

## Sunday | September 15

6:00AM **Fit 2 Stitch**

6:30AM **Grand View** "Joshua Tree National Park" (R)

7:00AM **Lucky Chow** "Bay Area's Pacific Rim Cuisine" (R) (also 9/16 1am)

7:30AM **Food Flirts** "Cape Cod Road-Trip" (R)

8:00AM **Jacques Pepin: More Fast Food My Way** "Seafood Tricks" (R)

8:30AM **Joanne Weir's Plates And Places** "Moroccan Spice" (R)

9:00AM **Trails To Oishii Tokyo**

9:30AM **Journeys In Japan**

10:00AM **Ask This Old House** "Seismic Retrofit, Dryer Vent" (R) (also 9/15 10pm, 9/16 4am, 9/18 10am, 9/18 6pm, 9/18 10pm, 9/19 4am)

10:30AM **Woodwright's Shop** "The Roubo Bookstand" (R)

11:00AM **Garden Smart**

11:30AM **Urban Conversion** (R)



12:00PM **This Old House** (R)

12:30PM **This Old House** (R)

1:00PM **This Old House** (R)

Jeff shows Kevin how he's framing the net zero house. Richard demonstrates heat loss and gain.

1:30PM **This Old House** "Jamestown | A Charleston Family Home Is Reborn" (R)

New apprentices join the team in Rhode Island as the roof goes up and the house gets sheathed.

2:00PM **This Old House** "Jamestown | Ramp Up The R Value" (R)

Insulation is crucial to a net zero house. Kevin finds Jeff and the apprentices starting the work.

2:30PM **This Old House** "Jamestown | Net Zero Blanket" (R)

Roof insulation is next step at the net zero house. The apprentices install and flash windows.

3:00PM **This Old House** "Jamestown | Modern Barn Raising" (R)

The electrician installs a load center. Tom and apprentices put up cedar roof shingles.

3:30PM **This Old House** "Jamestown | Air Tight House" (R)

The home is sealed against air leaks and Jeff fabricates pieces for porch columns and rails.

4:00PM **This Old House** "Jamestown | Designing Their Dream Home" (R)

Richard demonstrates how a heat pump works and Mark watches as stone veneer is applied.

4:30PM **This Old House** "Jamestown | Powering Net Zero" (R)

Tom discusses difference between blueboard and drywall and Jeff and Tom install a wood ceiling.

5:00PM **This Old House** "Jamestown | Roger's Nod To Sod" (R)

Richard inspects the HVAC installation and a gas fireplace goes in the living room. (also 9/16 10am, 9/16 6pm, 9/16 10pm, 9/17 4am, 9/20 10am, 9/20 6pm, 9/20 10pm, 9/21 4am, 9/21 3:30pm, 9/22 4am)

5:30PM **This Old House** (R)

America's favorite home improvement series, the Emmy Award-winning THIS OLD HOUSE, with host Kevin O'Connor, general contractor Tom Silva, plumbing and heating expert Richard Trethewey, landscape ... (also 9/23 10am, 9/23 6pm, 9/23 10pm, 9/24 4am, 9/27 10am, 9/27 6pm, 9/27 10pm, 9/28 4am, 9/28 3:30pm, 9/29 4am)

6:00PM **This Old House** "Jamestown | Net Zero Comes Together" (R)

The Net Zero house is complete. Kevin and Tom discuss challenges and Richard reviews mechanicals. (also 9/30 10am, 9/30 6pm, 9/30 10pm)

6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Crispy Carnitas" (R)

Los Panchos, a Mexico City institution famous for carnitas, is visited and duck carnitas are made. (also 9/15 9:30pm, 9/16 3:30am, 9/21 3pm, 9/22 3:30am)

7:00PM **Steven Raichlen's Project Smoke** "Hog Wild" (R)

Smoke-tisserie Pork Loin Roast and Pulled Pork Shoulder with West Virginia Barbecue Sauce are made. (also 9/16 12:30am)

7:30PM **Christopher Kimball's Milk Street Television** "Home Cooking In Taiwan" (R)

Taiwanese beef noodle soup, stir-fried cumin beef and Taipei to make three-cup chicken are made.

8:00PM **Martha Stewart's Cooking School** "Cheese" (R)

Martha prepares fluffy, homemade Ricotta, heavenly Cheese Fondue and Fettuccine Alfredo. (also 9/15 11:30pm, 9/16 2am, 9/16 5:30am)

8:30PM **America's Test Kitchen From Cook's Illustrated** "Elegant Dinner Party" (R)

The secrets to the ultimate Braised Brisket with Pomegranate, Cumin, and Cilantro are uncovered. (also 9/16 12am, 9/16 2:30am)

9:00PM **Nick Stellino: Storyteller In The Kitchen** "The Inventor" (R)

Dishes include Salad Lyonnaise with Poached Egg and Pork Schnitzel with Jaeger Sauce. (also 9/16 3am)

9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Crispy Carnitas" (R)

Los Panchos, a Mexico City institution famous for carnitas, is visited and duck carnitas are made. (also 9/16 3:30am, 9/21 3pm, 9/22 3:30am)

10:00PM **Ask This Old House** "Seismic Retrofit, Dryer Vent" (R)

Kevin visits Portland, Oregon to learn how to protect homes from earthquakes. Mark stains concrete. (also 9/16 4am, 9/18 10am, 9/18 6pm, 9/18 10pm, 9/19 4am)

- 10:30PM **Rick Steves' Europe** "Paris: Regal And Intimate" (R)  
Explore the Seine River, Napoleon's tomb and the Louvre and experience a patriotic Bastille Day. (also 9/16 4:30am)
- 11:00PM **Samantha Brown's Places To Love** "Houston, Texas" (R)  
From art cars to craft beer to soul-inspiring music, Samantha explores Houston's unique offerings. (also 9/16 5am)
- 11:30PM **Martha Stewart's Cooking School** "Cheese" (R)  
Martha prepares fluffy, homemade Ricotta, heavenly Cheese Fondue and Fettuccine Alfredo. (also 9/16 2am, 9/16 5:30am)
- 12:00AM **America's Test Kitchen From Cook's Illustrated** "Elegant Dinner Party" (R) (also 9/16 2:30am)
- 12:30AM **Steven Raichlen's Project Smoke** "Hog Wild" (R)
- 1:00AM **Lucky Chow** "Bay Area's Pacific Rim Cuisine" (R)
- 1:30AM **Pedal America** "Y'all Pedal And Eat Now! - Savannah, Georgia" (R)
- 2:00AM **Martha Stewart's Cooking School** "Cheese" (R) (also 9/16 5:30am)
- 2:30AM **America's Test Kitchen From Cook's Illustrated** "Elegant Dinner Party" (R)
- 3:00AM **Nick Stellino: Storyteller In The Kitchen** "The Inventor" (R)
- 3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Crispy Carnitas" (R) (also 9/21 3pm, 9/22 3:30am)
- 4:00AM **Ask This Old House** "Seismic Retrofit, Dryer Vent" (R) (also 9/18 10am, 9/18 6pm, 9/18 10pm, 9/19 4am)
- 4:30AM **Rick Steves' Europe** "Paris: Regal And Intimate" (R)
- 5:00AM **Samantha Brown's Places To Love** "Houston, Texas" (R)
- 5:30AM **Martha Stewart's Cooking School** "Cheese" (R)

### Monday | September 16

- 6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Always Time For Tacos" (R)  
Steak tacos al carbon, bistec tacos a la plancha and stewed tacos de guisado are prepared. (also 9/16 9:30pm, 9/17 3:30am)
- 7:00PM **Simply Ming** "Todd English" (R)  
Cauliflower risotto and delicious soy-honey-lime beer battered cauliflower are served. (also 9/17 12:30am)
- 7:30PM **Sara's Weeknight Meals** "Pantry Raid" (R)  
Linguine with White Bean, Sun-Dried Tomato and Olive Sauce and surprisingly Savory Waffles are made. (also 9/21 1pm)
- 8:00PM **Lidia's Kitchen** "The Fresh Catch" (R)  
Shrimp spiedini with zucchini and tomato salsa is served with seared salmon paillards. (also 9/16 11:30pm, 9/17 2am, 9/17 5:30am, 9/21 1:30pm, 9/21 5pm, 9/22 2am, 9/22 5:30am)
- 8:30PM **Cook's Country** "Tex-Mex Favorites" (R)  
Julia Collin Davison and Bridget Lancaster make a lone star state classic - flank steak in adobo. (also 9/17 12am, 9/17 2:30am, 9/21 2pm, 9/21 5:30pm)
- 9:00PM **Pati's Mexican Table** "The Art Of Mole" (R)  
Recipes include mole verde with pork and white beans and Almendrado with chicken. (also 9/17 3am, 9/21 2:30pm, 9/22 3am, 9/28 10:30am, 9/28 10:30pm, 9/29 4:30pm)
- 9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Always Time For Tacos" (R)  
Steak tacos al carbon, bistec tacos a la plancha and stewed tacos de guisado are prepared. (also 9/17 3:30am)
- 10:00PM **This Old House** "Jamestown | Roger's Nod To Sod" (R)  
Richard inspects the HVAC installation and a gas fireplace goes in the living room. (also 9/17 4am, 9/20 10am, 9/20 6pm, 9/20 10pm, 9/21 4am, 9/21 3:30pm, 9/22 4am)
- 10:30PM **Richard Bangs' Adventures with Purpose Pearl River Delta** (R)  
The adventurer explores the Pearl River Delta of South China in search of the roots of harmony. (also 9/17 4:30am, 9/21 4pm, 9/22 4:30am)

- 11:30PM **Lidia's Kitchen** "The Fresh Catch" (R)  
Shrimp spiedini with zucchini and tomato salsa is served with seared salmon paillards. (also 9/17 2am, 9/17 5:30am, 9/21 1:30pm, 9/21 5pm, 9/22 2am, 9/22 5:30am)
- 12:00AM **Cook's Country** "Tex-Mex Favorites" (R) (also 9/17 2:30am, 9/21 2pm, 9/21 5:30pm)
- 12:30AM **Simply Ming** "Todd English" (R)
- 1:00AM **Bringing It Home With Laura Mcintosh** "Brussels Sprouts" (R)
- 1:30AM **Equitrekking** "Turkey's Coast, Cappadocia & Istanbul" (R)
- 2:00AM **Lidia's Kitchen** "The Fresh Catch" (R) (also 9/17 5:30am, 9/21 1:30pm, 9/21 5pm, 9/22 2am, 9/22 5:30am)
- 2:30AM **Cook's Country** "Tex-Mex Favorites" (R) (also 9/21 2pm, 9/21 5:30pm)
- 3:00AM **Pati's Mexican Table** "The Art Of Mole" (R) (also 9/21 2:30pm, 9/22 3am, 9/28 10:30am, 9/28 10:30pm, 9/29 4:30pm)
- 3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Always Time For Tacos" (R)
- 4:00AM **This Old House** "Jamestown | Roger's Nod To Sod" (R) (also 9/20 10am, 9/20 6pm, 9/20 10pm, 9/21 4am, 9/21 3:30pm, 9/22 4am)
- 4:30AM **Richard Bangs' Adventures with Purpose Pearl River Delta** (R) (also 9/21 4pm, 9/22 4:30am)
- 5:30AM **Lidia's Kitchen** "The Fresh Catch" (R) (also 9/21 1:30pm, 9/21 5pm, 9/22 2am, 9/22 5:30am)

## Tuesday | September 17

- 6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "All In For Albondingas"  
Meatball torta and traditional versions of albondingas in the old-school Bar Mancera are featured. (also 9/17 9:30pm, 9/18 3:30am)
- 7:00PM **The Great British Baking Show** "Bread" (R)  
The remaining 10 bakers prepare to brave bread, including quick breads in the Signature challenge. (also 9/18 12:30am)
- 8:00PM **Martha Stewart's Cooking School** "Lamb" (R)  
Martha prepares butterflied, rolled and roasted Leg of Lamb and Yogurt-marinated Lamb-Kebab. (also 9/17 11:30pm, 9/18 2am, 9/18 5:30am)
- 8:30PM **America's Test Kitchen From Cook's Illustrated** "Sous Vide For Everybody" (R)  
Test cook Dan Souza makes Bridget Sous Vide Seared Steaks. Soft-Poached Eggs are prepared. (also 9/18 12am, 9/18 2:30am, 9/22 12am, 9/22 2:30am)
- 9:00PM **Nick Stellino: Storyteller In The Kitchen** "The Love Of Pasta" (R)  
Ravioli in Wild Mushroom Sauce, Pasta Fagioli and Pasta with White Meat Sauce are served. (also 9/18 3am)
- 9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "All In For Albondingas"  
Meatball torta and traditional versions of albondingas in the old-school Bar Mancera are featured. (also 9/18 3:30am)
- 10:00PM **Craftsman's Legacy** "The Boat Maker" (R)  
John Yothers talks about the proper way to blueprint and build a very functional wooden boat. (also 9/18 4am)
- 10:30PM **Travelscope** "Crossing The Swiss Alps" (R)  
From cosmopolitan Geneva to the UNESCO heritage Aletsch Glacier, Joseph travels through Switzerland. (also 9/18 4:30am)
- 11:00PM **Born To Explore With Richard Wiese** "Nashville: Beyond The Music" (R)  
Nashville is known as Music City, but it's so much more. Host Richard Wiese meets famous songwriters and musicians from gospel to rock and gets a taste of the Loveless Cafe's famous biscuits and BBQ. ... (also 9/18 5am)
- 11:30PM **Martha Stewart's Cooking School** "Lamb" (R)  
Martha prepares butterflied, rolled and roasted Leg of Lamb and Yogurt-marinated Lamb-Kebab. (also 9/18 2am, 9/18 5:30am)
- 12:00AM **America's Test Kitchen From Cook's Illustrated** "Sous Vide For Everybody" (R) (also 9/18 2:30am, 9/22 12am, 9/22 2:30am)
- 12:30AM **The Great British Baking Show** "Bread" (R)

- 1:30AM **Curious Traveler** "Curious Oslo" (R)
- 2:00AM **Martha Stewart's Cooking School** "Lamb" (R) (also 9/18 5:30am)
- 2:30AM **America's Test Kitchen From Cook's Illustrated** "Sous Vide For Everybody" (R) (also 9/22 12am, 9/22 2:30am)
- 3:00AM **Nick Stellino: Storyteller In The Kitchen** "The Love Of Pasta" (R)
- 3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "All In For Albondingas" (R)
- 4:00AM **Craftsman's Legacy** "The Boat Maker" (R)
- 4:30AM **Travelscope** "Crossing The Swiss Alps" (R)
- 5:00AM **Born To Explore With Richard Wiese** "Nashville: Beyond The Music" (R)
- 5:30AM **Martha Stewart's Cooking School** "Lamb" (R)

### Wednesday | September 18

- 6:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Mole Is Mexico's Mother Sauce"  
Rick leads a lesson in red mole making and prepares a herbacious mole verde with fish. (also 9/18 9:30pm, 9/19 3:30am)
- 7:00PM **Steven Raichlen's Project Smoke** "Thanksgiving Comes Early" (R)  
Recipes include Whiskey-Smoked Turkey with Cranberry Salsa and Smoked Creamed Corn. (also 9/19 12:30am)
- 7:30PM **Christopher Kimball's Milk Street Television** "Quick Suppers From Madrid" (R)  
Madrid, Spain is visited and Spanish ratatouille and sherry-soaked French toast are prepared.
- 8:00PM **Lidia's Kitchen** "A Bright Summer Feast" (R)  
Shrimp over zucchini is made with a sauce of garlic, butter, white wine, bread crumbs and parsley (also 9/18 11:30pm, 9/19 2am, 9/19 5:30am)
- 8:30PM **Cook's Country** "Pacific Northwest Supper" (R)  
Christie Morrison shows Julia Collin Davison how to make a show-stopping Oregon blackberry pie. (also 9/19 12am, 9/19 2:30am)
- 9:00PM **Pati's Mexican Table** "In Search Of La Mixteca" (R)  
Corn soup with queso is served and pescado agridulce are prepared. (also 9/19 3am)
- 9:30PM **Mexico -- One Plate At A Time With Rick Bayless** "Mole Is Mexico's Mother Sauce"  
Rick leads a lesson in red mole making and prepares a herbacious mole verde with fish. (also 9/19 3:30am)
- 10:00PM **Ask This Old House** "Seismic Retrofit, Dryer Vent" (R)  
Kevin visits Portland, Oregon to learn how to protect homes from earthquakes. Mark stains concrete. (also 9/19 4am)
- 10:30PM **Rick Steves' Europe** "European Travel Skills, Part II" (R)  
Practical advice on how to have a fun, affordable and culturally broadening trip to Europe is given. (also 9/19 4:30am)
- 11:00PM **Samantha Brown's Places To Love** "Bern Region, Switzerland" (R)  
Samantha visits iconic places in Switzerland including an Alpine Garden on an idyllic mountaintop. (also 9/19 5am)
- 11:30PM **Lidia's Kitchen** "A Bright Summer Feast" (R)  
Shrimp over zucchini is made with a sauce of garlic, butter, white wine, bread crumbs and parsley (also 9/19 2am, 9/19 5:30am)
- 12:00AM **Cook's Country** "Pacific Northwest Supper" (R) (also 9/19 2:30am)
- 12:30AM **Steven Raichlen's Project Smoke** "Thanksgiving Comes Early" (R)
- 1:00AM **Lucky Chow** "Chinatown, Reimagined" (R)
- 1:30AM **Pedal America** "Bike The Vine - Napa Valley, California" (R)
- 2:00AM **Lidia's Kitchen** "A Bright Summer Feast" (R) (also 9/19 5:30am)
- 2:30AM **Cook's Country** "Pacific Northwest Supper" (R)

- 3:00AM **Pati's Mexican Table** "In Search Of La Mixteca" (R)
- 3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Mole Is Mexico's Mother Sauce" (R)
- 4:00AM **Ask This Old House** "Seismic Retrofit, Dryer Vent" (R)
- 4:30AM **Rick Steves' Europe** "European Travel Skills, Part II" (R)
- 5:00AM **Samantha Brown's Places To Love** "Bern Region, Switzerland" (R)
- 5:30AM **Lidia's Kitchen** "A Bright Summer Feast" (R)

#### Thursday | September 19

- 6:30PM **Steven Raichlen's Project Fire** "Grilling With Wood"  
The primal campfire pleasure of grilling over a wood fire is showcased with bruschetta and swordfish. (also 9/19 9:30pm, 9/20 3:30am, 9/21 3:30am)
- 7:00PM **The Great British Baking Show** "Desserts" (R)  
The Signature challenge is a creme brulee. In the Technical, bakers take on spanische windtorte. (also 9/20 12:30am)
- 8:00PM **Martha Stewart's Cooking School** "Perfect Roast" (R)  
Roasting techniques are showcased with a rib roast, crown roast of pork and stuffed turkey breast. (also 9/19 11:30pm, 9/20 2am, 9/20 5:30am)
- 8:30PM **America's Test Kitchen From Cook's Illustrated** "Chicken And Biscuits" (R)  
Test cook Becky Hays and host Julia Collin Davison make the perfect Indoor Pulled Chicken. (also 9/20 12am, 9/20 2:30am)
- 9:00PM **Nick Stellino: Storyteller In The Kitchen** "Mis Amigos" (R)  
Spicy Corn Salad, Poached Chicken Breast with Mole Sauce and Gazpacho "Stellino Style" are served. (also 9/20 3am)
- 9:30PM **Steven Raichlen's Project Fire** "Grilling With Wood"  
The primal campfire pleasure of grilling over a wood fire is showcased with bruschetta and swordfish. (also 9/20 3:30am, 9/21 3:30am)
- 10:00PM **Craftsman's Legacy** "The Basket Weaver" (R)  
Ron Paquin is a Native American who teaches others the fine craft of bark basket weaving. (also 9/20 4am)
- 10:30PM **Travelscope** "Victoria, Australia" (R)  
Joseph catches the urban beat of Melbourne and takes in the natural scenery on the Great Ocean Road. (also 9/20 4:30am)
- 11:00PM **Born To Explore With Richard Wiese** "Qatar: A Desert Welcome" (R)  
Richard Wiese travels to Qatar, an exotic land where the desert meets the sea. Meet the most expensive Arabian stallions in the world at Al Shaqab, an equestrian center dedicated to preserving ... (also 9/20 5am)
- 11:30PM **Martha Stewart's Cooking School** "Perfect Roast" (R)  
Roasting techniques are showcased with a rib roast, crown roast of pork and stuffed turkey breast. (also 9/20 2am, 9/20 5:30am)
- 12:00AM **America's Test Kitchen From Cook's Illustrated** "Chicken And Biscuits" (R) (also 9/20 2:30am)
- 12:30AM **The Great British Baking Show** "Desserts" (R)
- 1:30AM **Curious Traveler** "Curious Bordeaux" (R)
- 2:00AM **Martha Stewart's Cooking School** "Perfect Roast" (R) (also 9/20 5:30am)
- 2:30AM **America's Test Kitchen From Cook's Illustrated** "Chicken And Biscuits" (R)
- 3:00AM **Nick Stellino: Storyteller In The Kitchen** "Mis Amigos" (R)
- 3:30AM **Steven Raichlen's Project Fire** "Grilling With Wood" (also 9/21 3:30am)
- 4:00AM **Craftsman's Legacy** "The Basket Weaver" (R)
- 4:30AM **Travelscope** "Victoria, Australia" (R)
- 5:00AM **Born To Explore With Richard Wiese** "Qatar: A Desert Welcome" (R)

5:30AM **Martha Stewart's Cooking School** "Perfect Roast" (R)

## Friday | September 20

6:30PM **Steven Raichlen's Project Fire** "Brisket 24 / 7"

A bacon-smoked brisket flat, Vietnamese brisket salad and Tex-Mex brisket tacos are prepared. (also 9/20 9:30pm, 9/23 3:30am)

7:00PM **Simply Ming** "Amanda Freitag" (R)

Pork chops with crispy pancetta in a cast-iron skillet and a pork scaloppin are prepared. (also 9/21 12:30am)

7:30PM **Sara's Weeknight Meals** "Turkish Home Cooking" (R)

Sara takes a journey to Turkey and enjoys Kebabs, Meatballs, Pumpkin Fritters and Quince Liquor.

8:00PM **Lidia's Kitchen** "What's Baking" (R)

A leek and prosciutto gratin with gruyere and walnuts and roasted chicken with pomegranate are made. (also 9/20 11:30pm, 9/21 2am, 9/21 5:30am)

8:30PM **Cook's Country** "Summer Steak And Salad" (R)

Christie Morrison makes Bridget Lancaster the ultimate grilled thick-cut Porterhouse steaks. (also 9/21 12am, 9/21 2:30am)

9:00PM **Pati's Mexican Table** "Oaxaca Breakfast: Messy And Delicious" (R)

Great recipes include Eggs in salsa martajada, Oaxaca-style refried beans and Pan de yema. (also 9/21 3am)

9:30PM **Steven Raichlen's Project Fire** "Brisket 24 / 7"

A bacon-smoked brisket flat, Vietnamese brisket salad and Tex-Mex brisket tacos are prepared. (also 9/23 3:30am)

10:00PM **This Old House** "Jamestown | Roger's Nod To Sod" (R)

Richard inspects the HVAC installation and a gas fireplace goes in the living room. (also 9/21 4am, 9/21 3:30pm, 9/22 4am)

10:30PM **Richard Bangs' Adventures With Purpose Switzerl** (R)

The Matterhorn, waterfalls, glaciers, scenery and the origins of adventure travel are explored. (also 9/21 4:30am)

11:30PM **Lidia's Kitchen** "What's Baking" (R)

A leek and prosciutto gratin with gruyere and walnuts and roasted chicken with pomegranate are made. (also 9/21 2am, 9/21 5:30am)

12:00AM **Cook's Country** "Summer Steak And Salad" (R) (also 9/21 2:30am)

12:30AM **Simply Ming** "Amanda Freitag" (R)

1:00AM **Bringing It Home With Laura Mcintosh** "Garlic" (R)

1:30AM **Equitrekking** "Great National Parks" (R)

2:00AM **Lidia's Kitchen** "What's Baking" (R) (also 9/21 5:30am)

2:30AM **Cook's Country** "Summer Steak And Salad" (R)

3:00AM **Pati's Mexican Table** "Oaxaca Breakfast: Messy And Delicious" (R)

3:30AM **Steven Raichlen's Project Fire** "Grilling With Wood"

4:00AM **This Old House** "Jamestown | Roger's Nod To Sod" (R) (also 9/21 3:30pm, 9/22 4am)

4:30AM **Richard Bangs' Adventures With Purpose Switzerl** (R)

5:30AM **Lidia's Kitchen** "What's Baking" (R)

## Saturday | September 21

6:00AM **A Chef's Life** "Pimp My Grits" (R) (also 9/21 6pm, 9/22 12pm)

6:30AM **A Chef's Life** "A Road Trip For Rice" (R) (also 9/21 6:30pm, 9/22 12:30pm)

7:00AM **A Chef's Life** "Collard Green Queen" (R) (also 9/21 7pm, 9/22 1pm)

- 7:30AM **A Chef's Life** "Shrimp Sells" (R) (also 9/21 7:30pm, 9/22 1:30pm)
- 8:00AM **A Chef's Life** "The Fish Episode, Y'all" (R) (also 9/22 2pm)
- 8:30AM **A Chef's Life** "Pretty In Peach" (R) (also 9/22 2:30pm)
- 9:00AM **A Chef's Life** "A Casserole Says Plenty" (R) (also 9/22 3pm)
- 9:30AM **A Chef's Life** "What's Your Beef?" (R) (also 9/22 3:30pm)
- 10:00AM **A Chef's Life** "My Watermelon Baby" (R) (also 9/22 4pm)
- 10:30AM **A Chef's Life** "Stand By Your Cabbage" (R) (also 9/21 10:30pm, 9/22 4:30pm)
- 11:00AM **A Chef's Life** "Two-Mato" (R) (also 9/21 11pm, 9/22 5pm)
- 11:30AM **A Chef's Life** "King Cornbread" (R) (also 9/21 11:30pm, 9/22 5:30pm)
- 12:00PM **P. Allen Smith's Garden Home** "Super Foods; Super Recipes" (R)
- 12:30PM **Growing a Greener World** "Changing The Way America Eats (Pocantico Hill, Ny)" (R) (also 9/22 12:30am)
- 1:00PM **Sara's Weeknight Meals** "Pantry Raid" (R)  
Linguine with White Bean, Sun-Dried Tomato and Olive Sauce and surprisingly Savory Waffles are made.
- 1:30PM **Lidia's Kitchen** "The Fresh Catch" (R)  
Shrimp spiedini with zucchini and tomato salsa is served with seared salmon paillards. (also 9/21 5pm, 9/22 2am, 9/22 5:30am)
- 2:00PM **Cook's Country** "Tex-Mex Favorites" (R)  
Julia Collin Davison and Bridget Lancaster make a lone star state classic - flank steak in adobo. (also 9/21 5:30pm)
- 2:30PM **Pati's Mexican Table** "The Art Of Mole" (R)  
Recipes include mole verde with pork and white beans and Almendrado with chicken. (also 9/22 3am, 9/28 10:30am, 9/28 10:30pm, 9/29 4:30pm)
- 3:00PM **Mexico -- One Plate At A Time With Rick Bayless** "Crispy Carnitas" (R)  
Los Panchos, a Mexico City institution famous for carnitas, is visited and duck carnitas are made. (also 9/22 3:30am)
- 3:30PM **This Old House** "Jamestown | Roger's Nod To Sod" (R)  
Richard inspects the HVAC installation and a gas fireplace goes in the living room. (also 9/22 4am)
- 4:00PM **Richard Bangs' Adventures with Purpose Pearl River Delta** (R)  
The adventurer explores the Pearl River Delta of South China in search of the roots of harmony. (also 9/22 4:30am)
- 5:00PM **Lidia's Kitchen** "The Fresh Catch" (R)  
Shrimp spiedini with zucchini and tomato salsa is served with seared salmon paillards. (also 9/22 2am, 9/22 5:30am)
- 5:30PM **Cook's Country** "Tex-Mex Favorites" (R)  
Julia Collin Davison and Bridget Lancaster make a lone star state classic - flank steak in adobo.
- 6:00PM **A Chef's Life** "Pimp My Grits" (R)  
The restaurant gears up for a practice service when the new equipment and new menu will be tested. (also 9/22 12pm)
- 6:30PM **A Chef's Life** "A Road Trip For Rice" (R)  
Vivian travels to Columbia, South Carolina and learns about Carolina heirloom rice growing. (also 9/22 12:30pm)
- 7:00PM **A Chef's Life** "Collard Green Queen" (R)  
Vivian prepares for an event called Terra Vita. Collard kraut and the Cabbage Collard are showcased. (also 9/22 1pm)
- 7:30PM **A Chef's Life** "Shrimp Sells" (R)  
Vivian and Ben head to the beach for vacation. Vivian turns up the heat with Frogmore stew. (also 9/22 1:30pm)
- 8:00PM **70s Soul Superstars**  
Patti LaBelle hosts an all-star reunion of the legends of 1970s Motown, R&B and soul.
- 10:30PM **A Chef's Life** "Stand By Your Cabbage" (R)  
Vivian's summer itinerary includes a 14-day photoshoot as she preps for a trip to Feast Portland. (also 9/22 4:30pm)

11:00PM **A Chef's Life** "Two-Mato" (R)

Vivian seeks the wisdom of Ms. Mary and Ms. Lillie to prepare an old-school tomato dish. (also 9/22 5pm)

11:30PM **A Chef's Life** "King Cornbread" (R)

Vivian visits a Kinston institution that uses cornbread to make "pig and a puppy." (also 9/22 5:30pm)

12:00AM **America's Test Kitchen From Cook's Illustrated** "Sous Vide For Everybody" (R) (also 9/22 2:30am)

12:30AM **Growing a Greener World** "Changing The Way America Eats (Pocantico Hill, Ny)" (R)

1:00AM **Bringing It Home With Laura Mcintosh** "Full Of Fresh" (also 9/23 7am, 9/23 1pm, 9/24 1am)

1:30AM **Curious Traveler** "Curious Sorrento" (R) (also 9/25 1:30am)

2:00AM **Lidia's Kitchen** "The Fresh Catch" (R) (also 9/22 5:30am)

2:30AM **America's Test Kitchen From Cook's Illustrated** "Sous Vide For Everybody" (R)

3:00AM **Pati's Mexican Table** "The Art Of Mole" (R) (also 9/28 10:30am, 9/28 10:30pm, 9/29 4:30pm)

3:30AM **Mexico -- One Plate At A Time With Rick Bayless** "Crispy Carnitas" (R)

4:00AM **This Old House** "Jamestown | Roger's Nod To Sod" (R)

4:30AM **Richard Bangs' Adventures with Purpose** Pearl River Delta (R)

5:30AM **Lidia's Kitchen** "The Fresh Catch" (R)

## Sunday | September 22

6:00AM **Fit 2 Stitch** (R)

6:30AM **Grand View** "North Cascades National Park" (R)

7:00AM **Julie Taboulie's Lebanese Kitchen** "Garden Of Dreams" (R) (also 9/23 1am)

7:30AM **Food Flirts** "Pretzel Meets Chocolate" (R)

8:00AM **Jacques Pepin: More Fast Food My Way** "Pop Over Anytime" (R)

8:30AM **Joanne Weir's Plates And Places** "Pickling Amsterdam Style" (R)

9:00AM **Trails To Oishii Tokyo**

9:30AM **Journeys In Japan**

10:00AM **Ask This Old House** "Soft Close Cabinets, Secret Garden" (R) (also 9/22 6pm, 9/22 10pm, 9/23 4am, 9/25 10am, 9/25 6pm, 9/25 10pm, 9/26 4am)

10:30AM **The Woodwright's Shop** "Hand Plane Essentials With Chris Schwarz" (R)

11:00AM **Garden Smart**

11:30AM **Urban Conversion** (R)

12:00PM **A Chef's Life** "Pimp My Grits" (R)

12:30PM **A Chef's Life** "A Road Trip For Rice" (R)

1:00PM **A Chef's Life** "Collard Green Queen" (R)

Vivian prepares for an event called Terra Vita. Collard kraut and the Cabbage Collard are showcased.

1:30PM **A Chef's Life** "Shrimp Sells" (R)

Vivian and Ben head to the beach for vacation. Vivian turns up the heat with Frogmore stew.

2:00PM **A Chef's Life** "The Fish Episode, Y'all" (R)



Vivian presents a few of the many ways fish makes its appearance in southern cooking.

2:30PM **A Chef's Life** "Pretty In Peach" (R)  
Vivian learns the secrets of Gramma Hill's canned Peaches. A mix-up leaves the team scrambling.

3:00PM **A Chef's Life** "A Casserole Says Plenty" (R)  
The Boiler Room welcomes a new manager. A family reunion features home-cooked Casseroles.

3:30PM **A Chef's Life** "What's Your Beef?" (R)  
Vivian's whole-cow program finds its groove. Mrs. Scarlett makes a classic cubed steak.

4:00PM **A Chef's Life** "My Watermelon Baby" (R)  
After a summer away from the restaurant, Vivian returns and works to build camaraderie.

4:30PM **A Chef's Life** "Stand By Your Cabbage" (R)  
Vivian's summer itinerary includes a 14-day photoshoot as she preps for a trip to Feast Portland.

5:00PM **A Chef's Life** "Two-Mato" (R)  
Vivian seeks the wisdom of Ms. Mary and Ms. Lillie to prepare an old-school tomato dish.

5:30PM **A Chef's Life** "King Cornbread" (R)  
Vivian visits a Kinston institution that uses cornbread to make "pig and a puppy."

6:00PM **Ask This Old House** "Soft Close Cabinets, Secret Garden" (R)  
Nathan upgrades a kitchen to have soft close cabinets and Jenn cleans up an overgrown garden. (also 9/22 10pm, 9/23 4am, 9/25 10am, 9/25 6pm, 9/25 10pm, 9/26 4am)

6:30PM **Steven Raichlen's Project Fire** "Gulf Coast Grill"  
Blackened redfish, Florida shrimp boil, oysters and clams are prepared in Steinhatchee, Florida. (also 9/22 9:30pm, 9/28 3pm, 9/29 3:30am)

7:00PM **Steven Raichlen's Project Smoke** "Yum Kippers-Fish Gets Smoked" (R)  
Cold Smoked Salmon, Hot Smoked Black Cod and Smoked Cod Toasts and more are prepared. (also 9/23 12:30am)

7:30PM **Christopher Kimball's Milk Street Television** "Middle East Classics" (R)  
Puffed pita bread, sumac-spiced chicken (musakhan) and a recipe for fattoush are highlighted.

8:00PM **Martha Stewart's Cooking School** "Stewing" (R)  
Martha shares recipes for beef stew, veal stew and coq au vin, a famously rich bistro favorite. (also 9/22 11:30pm, 9/23 2am, 9/23 5:30am)

8:30PM **America's Test Kitchen From Cook's Illustrated** "Cooking At Home With Bridget And Julia" (R)  
Hearty Beef and Vegetable Stew and Cod Baked in Foil with Leeks and Carrots are served. (also 9/23 12am, 9/23 2:30am)

9:00PM **Jamie's Quick & Easy Food** "Scallops/Steak/Pastry Puff" (R)  
Jamie cooks up his super-fast sizzling seared scallops, with a cool hack for speedy spuds. (also 9/23 3am)

9:30PM **Steven Raichlen's Project Fire** "Gulf Coast Grill"  
Blackened redfish, Florida shrimp boil, oysters and clams are prepared in Steinhatchee, Florida. (also 9/28 3pm, 9/29 3:30am)

10:00PM **Ask This Old House** "Soft Close Cabinets, Secret Garden" (R)  
Nathan upgrades a kitchen to have soft close cabinets and Jenn cleans up an overgrown garden. (also 9/23 4am, 9/25 10am, 9/25 6pm, 9/25 10pm, 9/26 4am)

10:30PM **Rick Steves' Europe** "Venice And Its Lagoon" (R)  
Sample the splendid art treasures of Venice, explore its backstreet wonders and cruise its lagoon. (also 9/23 4:30am)

11:00PM **Samantha Brown's Places To Love** "Brooklyn, New York" (R)  
Samantha visits the Brooklyn Navy Yard to sample whiskey at New York City's oldest distillery. (also 9/23 5am)

11:30PM **Martha Stewart's Cooking School** "Stewing" (R)  
Martha shares recipes for beef stew, veal stew and coq au vin, a famously rich bistro favorite. (also 9/23 2am, 9/23 5:30am)

12:00AM **America's Test Kitchen From Cook's Illustrated** "Cooking At Home With Bridget And Julia" (R) (also 9/23 2:30am)

12:30AM **Steven Raichlen's Project Smoke** "Yum Kippers-Fish Gets Smoked" (R)

1:00AM **Julie Taboulie's Lebanese Kitchen** "Garden Of Dreams" (R)

- 1:30AM **Pedal America** "From Liquor Bottle To Water Bottle - Chicago, Ill." (R)
- 2:00AM **Martha Stewart's Cooking School** "Stewing" (R) (also 9/23 5:30am)
- 2:30AM **America's Test Kitchen From Cook's Illustrated** "Cooking At Home With Bridget And Julia" (R)
- 3:00AM **Jamie's Quick & Easy Food** "Scallops/Steak/Pastry Puff" (R)
- 3:30AM **Steven Raichlen's Project Fire** "Brisket 24 / 7"
- 4:00AM **Ask This Old House** "Soft Close Cabinets, Secret Garden" (R) (also 9/25 10am, 9/25 6pm, 9/25 10pm, 9/26 4am)
- 4:30AM **Rick Steves' Europe** "Venice And Its Lagoon" (R)
- 5:00AM **Samantha Brown's Places To Love** "Brooklyn, New York" (R)
- 5:30AM **Martha Stewart's Cooking School** "Stewing" (R)

### Monday | September 23

- 6:30PM **Steven Raichlen's Project Fire** "Green Meets Grill"  
A squash, black bean and queso fresco pizza and portobello mushrooms with grilled bread are served. (also 9/23 9:30pm, 9/24 3:30am)
- 7:00PM **Simply Ming** "Rick Bayless" (R)  
Mexican street corn tacos with corn tortillas and an egg omelet wrap with a corn are served. (also 9/24 12:30am)
- 7:30PM **Sara's Weeknight Meals** "High 5 - 5 Ingredient Mains" (R)  
Buffalo Rice, Sauteed Duck Breasts with Apricot Szechuan Peppercorn Sauce and Broccoli Pasta. (also 9/28 1pm)
- 8:00PM **Lidia's Kitchen** "Summertime Fun" (R)  
Corn and zucchini minestra, shrimp and mixed bean salad and polenta with honey and berries are made. (also 9/23 11:30pm, 9/24 2am, 9/24 5:30am, 9/28 1:30pm, 9/28 5pm, 9/29 2am, 9/29 5:30am)
- 8:30PM **Cook's Country** "Reimagining Italian-American Classics" (R)  
Test cook Bryan Roof makes host Julia Collin Davison a regional favorite - Detroit-style pizza. (also 9/24 12am, 9/24 2:30am, 9/28 2pm, 9/28 5:30pm)
- 9:00PM **Pati's Mexican Table** "How I Got To Now" (R)  
Delicious dishes include Sopas, Caramelized pasilla brisket and Tiger pound cake. (also 9/24 3am, 9/28 2:30pm, 9/29 3am)
- 9:30PM **Steven Raichlen's Project Fire** "Green Meets Grill"  
A squash, black bean and queso fresco pizza and portobello mushrooms with grilled bread are served. (also 9/24 3:30am)
- 10:00PM **This Old House** (R)  
America's favorite home improvement series, the Emmy Award-winning THIS OLD HOUSE, with host Kevin O'Connor, general contractor Tom Silva, plumbing and heating expert Richard Trethewey, landscape ... (also 9/24 4am, 9/27 10am, 9/27 6pm, 9/27 10pm, 9/28 4am, 9/28 3:30pm, 9/29 4am)
- 10:30PM **Richard Bangs' Adventures With Purpose Assam In**  
Discover rushing rivers, strapping monsoons and the elusive one-horned rhinoceros in Assam, India. (also 9/24 4:30am, 9/28 4pm, 9/29 4:30am)
- 11:30PM **Lidia's Kitchen** "Summertime Fun" (R)  
Corn and zucchini minestra, shrimp and mixed bean salad and polenta with honey and berries are made. (also 9/24 2am, 9/24 5:30am, 9/28 1:30pm, 9/28 5pm, 9/29 2am, 9/29 5:30am)
- 12:00AM **Cook's Country** "Reimagining Italian-American Classics" (R) (also 9/24 2:30am, 9/28 2pm, 9/28 5:30pm)
- 12:30AM **Simply Ming** "Rick Bayless" (R)
- 1:00AM **Bringing It Home With Laura Mcintosh** "Full Of Fresh" (R)
- 1:30AM **Equitrekking** "Great American Ranches" (R)
- 2:00AM **Lidia's Kitchen** "Summertime Fun" (R) (also 9/24 5:30am, 9/28 1:30pm, 9/28 5pm, 9/29 2am, 9/29 5:30am)

- 2:30AM **Cook's Country** "Reimagining Italian-American Classics" (R) (also 9/28 2pm, 9/28 5:30pm)
- 3:00AM **Pati's Mexican Table** "How I Got To Now" (R) (also 9/28 2:30pm, 9/29 3am)
- 3:30AM **Steven Raichlen's Project Fire** "Green Meets Grill"
- 4:00AM **This Old House** (R) (also 9/27 10am, 9/27 6pm, 9/27 10pm, 9/28 4am, 9/28 3:30pm, 9/29 4am)
- 4:30AM **Richard Bangs' Adventures With Purpose Assam In** (also 9/28 4pm, 9/29 4:30am)
- 5:30AM **Lidia's Kitchen** "Summertime Fun" (R) (also 9/28 1:30pm, 9/28 5pm, 9/29 2am, 9/29 5:30am)

## Tuesday | September 24

- 6:30PM **Steven Raichlen's Project Fire** "Secret Steaks"  
A flavorful steak cut from a hog's belly and a brisket steak with shallot sage butter are featured. (also 9/24 9:30pm, 9/25 3:30am)
- 7:00PM **The Great British Baking Show** "Alternative Ingredients" (R)  
The bakers create a variety of sugar-free cakes. Gluten-free pitas are in store for the Technical. (also 9/25 12:30am)
- 8:00PM **Martha Stewart's Cooking School** "Soups" (R)  
Martha makes a nourishing chicken soup, minestrone and veloute for a creamy spinach soup. (also 9/24 11:30pm, 9/25 2am, 9/25 5:30am)
- 8:30PM **America's Test Kitchen From Cook's Illustrated** "Mexican Fare" (R)  
Crispy Tacos are served and Roasted Poblano and Black Bean Enchiladas are prepared. (also 9/25 12am, 9/25 2:30am, 9/29 12am, 9/29 2:30am)
- 9:00PM **Jamie's Quick & Easy Food** "Tuna/Meatballs/Cookies" (R)  
Jamie cooks up his snappy sesame seared tuna, messy meatball buns and chocolate rye cookies. (also 9/25 3am)
- 9:30PM **Steven Raichlen's Project Fire** "Secret Steaks"  
A flavorful steak cut from a hog's belly and a brisket steak with shallot sage butter are featured. (also 9/25 3:30am)
- 10:00PM **Craftsman's Legacy** "The Clockmaker" (R)  
Host Eric Gorges and young clockmaker Nate Bowers create a beautiful exposed gear clock. (also 9/25 4am)
- 10:30PM **Travelscope** "Tasmania, Australia" (R)  
Cradle Mountain and Tasman National Parks and the harbor and neighborhoods of Hobart are visited. (also 9/25 4:30am)
- 11:00PM **Born To Explore With Richard Wiese** "Cayman Islands: The Deep Blue" (R)  
Richard dives into the turquoise waters of the Cayman Islands to explore a world of sharks, stingrays, turtles and the Caribbean's coral reefs. Richard explores shipwrecks and the depths of the ... (also 9/25 5am)
- 11:30PM **Martha Stewart's Cooking School** "Soups" (R)  
Martha makes a nourishing chicken soup, minestrone and veloute for a creamy spinach soup. (also 9/25 2am, 9/25 5:30am)
- 12:00AM **America's Test Kitchen From Cook's Illustrated** "Mexican Fare" (R) (also 9/25 2:30am, 9/29 12am, 9/29 2:30am)
- 12:30AM **The Great British Baking Show** "Alternative Ingredients" (R)
- 1:30AM **Curious Traveler** "Curious Sorrento" (R)
- 2:00AM **Martha Stewart's Cooking School** "Soups" (R) (also 9/25 5:30am)
- 2:30AM **America's Test Kitchen From Cook's Illustrated** "Mexican Fare" (R) (also 9/29 12am, 9/29 2:30am)
- 3:00AM **Jamie's Quick & Easy Food** "Tuna/Meatballs/Cookies" (R)
- 3:30AM **Steven Raichlen's Project Fire** "Secret Steaks"
- 4:00AM **Craftsman's Legacy** "The Clockmaker" (R)
- 4:30AM **Travelscope** "Tasmania, Australia" (R)
- 5:00AM **Born To Explore With Richard Wiese** "Cayman Islands: The Deep Blue" (R)

5:30AM **Martha Stewart's Cooking School** "Soups" (R)

### Wednesday | September 25

6:30PM **Steven Raichlen's Project Fire** "Primal Grill"

Ember-grilled bread and ember-roasted vegetable salad and amaretti-stuffed pears are served. (also 9/25 9:30pm, 9/26 3:30am)

7:00PM **Steven Raichlen's Project Smoke** "Smoking The Competition-Our Tailgating Show" (R)

Delicious recipes include Smoked Chicken Nachos, Smokehouse Wings and Hickory-Smoked Burgers. (also 9/26 12:30am)

7:30PM **Christopher Kimball's Milk Street Television** "Japanese Tuesday Nights" (R)

Christopher Kimball travels to Tokyo, Japan and learns how to make skillet glazed chicken.

8:00PM **Lidia's Kitchen** "Quick And Delicious" (R)

Green beans with mint pesto, chunky cherry bread pudding and maremma-style steak are served. (also 9/25 11:30pm, 9/26 2am, 9/26 5:30am)

8:30PM **Cook's Country** "Southern Specialties" (R)

Tennessee Pulled Turkey Sandwiches are cooked up and Eastern North Carolina Fish Stew is made. (also 9/26 12am, 9/26 2:30am)

9:00PM **Pati's Mexican Table** "Juju's Chocolate-Covered Life" (R)

Chocolate chocolate chunk banana bread and Chocolate crepe tower are prepared. (also 9/26 3am)

9:30PM **Steven Raichlen's Project Fire** "Primal Grill"

Ember-grilled bread and ember-roasted vegetable salad and amaretti-stuffed pears are served. (also 9/26 3:30am)

10:00PM **Ask This Old House** "Soft Close Cabinets, Secret Garden" (R)

Nathan upgrades a kitchen to have soft close cabinets and Jenn cleans up an overgrown garden. (also 9/26 4am)

10:30PM **Rick Steves' Europe** "Paris Side-Trips" (R)

Versailles, Europe's palace of palaces, Chartres cathedral and exquisite Vaux le Vicomte are visited. (also 9/26 4:30am)

11:00PM **Samantha Brown's Places To Love** "Shanghai, China" (R)

Samantha samples unique breakfast street food and visits the ancient water town of Fengjing. (also 9/26 5am)

11:30PM **Lidia's Kitchen** "Quick And Delicious" (R)

Green beans with mint pesto, chunky cherry bread pudding and maremma-style steak are served. (also 9/26 2am, 9/26 5:30am)

12:00AM **Cook's Country** "Southern Specialties" (R) (also 9/26 2:30am)

12:30AM **Steven Raichlen's Project Smoke** "Smoking The Competition-Our Tailgating Show" (R)

1:00AM **Julie Taboulie's Lebanese Kitchen** "It's Taboulie Time" (R)

1:30AM **Pedal America** "Women Of Red Rock - Sedona, Arizona" (R)

2:00AM **Lidia's Kitchen** "Quick And Delicious" (R) (also 9/26 5:30am)

2:30AM **Cook's Country** "Southern Specialties" (R)

3:00AM **Pati's Mexican Table** "Juju's Chocolate-Covered Life" (R)

3:30AM **Steven Raichlen's Project Fire** "Primal Grill"

4:00AM **Ask This Old House** "Soft Close Cabinets, Secret Garden" (R)

4:30AM **Rick Steves' Europe** "Paris Side-Trips" (R)

5:00AM **Samantha Brown's Places To Love** "Shanghai, China" (R)

5:30AM **Lidia's Kitchen** "Quick And Delicious" (R)

### Thursday | September 26

**6:30PM Steven Raichlen's Project Fire "Tex Meets Mex"**

Snapper en pipian in a grilled vegetable and pumpkin seed sauce and pork shoulder pibil are served. (also 9/26 9:30pm, 9/27 3:30am, 9/28 3:30am)

**7:00PM The Great British Baking Show "Pastry" (R)**

The bakers prove their pastry skills with frangipane tarts, flouana and bite-sized vol-au-vents. (also 9/27 12:30am)

**8:00PM Martha Stewart's Cooking School "Vegetables" (R)**

Martha shows the simple methods of blanching, steaming and roasting to prepare perfect vegetables. (also 9/26 11:30pm, 9/27 2am, 9/27 5:30am)

**8:30PM America's Test Kitchen From Cook's Illustrated "Weeknight Italian" (R)**

Test cook Dan Souza makes Bridget the quickest One-Hour Pizza. Beef Short Rib Ragu is prepared. (also 9/27 12am, 9/27 2:30am)

**9:00PM Jamie's Quick & Easy Food "Chops/Linguine/Fish Cakes" (R)**

Jamie prepares his quick Asian fishcakes with a brilliant tip for a sweet and spicy glaze. (also 9/27 3am)

**9:30PM Steven Raichlen's Project Fire "Tex Meets Mex"**

Snapper en pipian in a grilled vegetable and pumpkin seed sauce and pork shoulder pibil are served. (also 9/27 3:30am, 9/28 3:30am)

**10:00PM Craftsman's Legacy "The Metal Engraver" (R)**

Host Eric Gorges and metal engraver David Riccardo create a breathtaking metal engraving. (also 9/27 4am)

**10:30PM Travelscope "Swiss Roots" (R)**

Joseph's wife Julie searches for her roots in Lucerne. Mount Pilatus and Lake Lucerne are explored. (also 9/27 4:30am)

**11:00PM Born To Explore With Richard Wiese "Sri Lanka: Land Of Wonder" (R)**

Explore one of the oldest civilizations in the world in Sri Lanka, off the coast of India. Host Richard Wiese discovers the ancient cities and palaces of Anuradhapura which date back to the third ... (also 9/27 5am)

**11:30PM Martha Stewart's Cooking School "Vegetables" (R)**

Martha shows the simple methods of blanching, steaming and roasting to prepare perfect vegetables. (also 9/27 2am, 9/27 5:30am)

**12:00AM America's Test Kitchen From Cook's Illustrated "Weeknight Italian" (R) (also 9/27 2:30am)****12:30AM The Great British Baking Show "Pastry" (R)****1:30AM Curious Traveler "Curious Stockholm" (R)****2:00AM Martha Stewart's Cooking School "Vegetables" (R) (also 9/27 5:30am)****2:30AM America's Test Kitchen From Cook's Illustrated "Weeknight Italian" (R)****3:00AM Jamie's Quick & Easy Food "Chops/Linguine/Fish Cakes" (R)****3:30AM Steven Raichlen's Project Fire "Tex Meets Mex" (also 9/28 3:30am)****4:00AM Craftsman's Legacy "The Metal Engraver" (R)****4:30AM Travelscope "Swiss Roots" (R)****5:00AM Born To Explore With Richard Wiese "Sri Lanka: Land Of Wonder" (R)****5:30AM Martha Stewart's Cooking School "Vegetables" (R)****Friday | September 27****6:30PM Steven Raichlen's Project Fire "The Best Bbq You've Never Heard Of"**

Cornell chicken, Baltimore pit beef and sweet, smoky barbecued salmon are highlighted. (also 9/27 9:30pm, 9/30 3:30am)

**7:00PM Simply Ming "Tiffani Faison" (R)**

Grilled Tandoori Chicken with a Tomato and Herb Salad and Tea-Smoked Whole Chicken are served. (also 9/28 12:30am)

**7:30PM Sara's Weeknight Meals "Two For One" (R)**

Grilled Lamb Chop, Herbed Lamb and Feta Burgers and Peruvian Baked Chicken Thighs are showcased.

8:00PM **Lidia's Kitchen** "A Colorful Party" (R)  
Mussels with zucchini salsa verde and grilled corn, apricots and portobellos are prepared. (also 9/27 11:30pm, 9/28 2am, 9/28 5:30am)

8:30PM **Cook's Country** "Tri-State Treats" (R)  
Hosts Julia Collin Davison and Bridget Lancaster make the ultimate New Jersey Crumb Buns. (also 9/28 12am, 9/28 2:30am)

9:00PM **Pati's Mexican Table** "Cheesy" (R)  
Senor breakfast sandwich, Tres quesos chicken pasta and Bacon cheese dogs with avocado relish. (also 9/28 3am)

9:30PM **Steven Raichlen's Project Fire** "The Best Bbq You've Never Heard Of"  
Cornell chicken, Baltimore pit beef and sweet, smoky barbecued salmon are highlighted. (also 9/30 3:30am)

10:00PM **This Old House** (R)  
America's favorite home improvement series, the Emmy Award-winning THIS OLD HOUSE, with host Kevin O'Connor, general contractor Tom Silva, plumbing and heating expert Richard Trethewey, landscape ... (also 9/28 4am, 9/28 3:30pm, 9/29 4am)

10:30PM **Richard Bangs' Adventures with Purpose Basel and Lucerne** (R)  
Follow the ancient trade routes from the Gotthard pass into central Switzerland, along Lake Lucerne. (also 9/28 4:30am)

11:30PM **Lidia's Kitchen** "A Colorful Party" (R)  
Mussels with zucchini salsa verde and grilled corn, apricots and portobellos are prepared. (also 9/28 2am, 9/28 5:30am)

12:00AM **Cook's Country** "Tri-State Treats" (R) (also 9/28 2:30am)

12:30AM **Simply Ming** "Tiffani Faison" (R)

1:00AM **Bringing It Home With Laura Mcintosh** "Farm Fresh Herbs And Tomatoes" (R)

1:30AM **Equitrekking** "Vermont" (R)

2:00AM **Lidia's Kitchen** "A Colorful Party" (R) (also 9/28 5:30am)

2:30AM **Cook's Country** "Tri-State Treats" (R)

3:00AM **Pati's Mexican Table** "Cheesy" (R)

3:30AM **Steven Raichlen's Project Fire** "Tex Meets Mex"

4:00AM **This Old House** (R) (also 9/28 3:30pm, 9/29 4am)

4:30AM **Richard Bangs' Adventures with Purpose Basel and Lucerne** (R)

5:30AM **Lidia's Kitchen** "A Colorful Party" (R)

## Saturday | September 28

6:00AM **Pati's Mexican Table** (also 9/28 6pm, 9/29 12pm)

6:30AM **Pati's Mexican Table** (R) (also 9/28 6:30pm, 9/29 12:30pm)

7:00AM **Pati's Mexican Table** "A Queen In The Land Of The Gods" (R) (also 9/28 7pm, 9/29 1pm)

7:30AM **Pati's Mexican Table** (also 9/28 7:30pm, 9/29 1:30pm)

8:00AM **Pati's Mexican Table** "New York" (R) (also 9/28 8pm, 9/29 2pm)

8:30AM **Pati's Mexican Table** "Ancient Yucatan With My Boys" (R) (also 9/28 8:30pm, 9/29 2:30pm)

9:00AM **Pati's Mexican Table** "From Pueblo To City" (R) (also 9/28 9pm, 9/29 3pm)

9:30AM **Pati's Mexican Table** "La Paz: The Heart Of Baja Sur" (R) (also 9/28 9:30pm, 9/29 3:30pm)

10:00AM **Pati's Mexican Table** (also 9/28 10pm, 9/29 4pm)

10:30AM **Pati's Mexican Table** "The Art Of Mole" (R) (also 9/28 10:30pm, 9/29 4:30pm)

11:00AM **Pati's Mexican Table** "Chachi's Champoton Kitchen" (R) (also 9/28 11pm, 9/29 5pm)

11:30AM **Pati's Mexican Table** "The Godmother Of Cabo Cuisine" (R) (also 9/28 11:30pm, 9/29 5:30pm)

12:00PM **P. Allen Smith's Garden Home** "Facts Of Life" (R)

12:30PM **Growing a Greener World** "Cemetery Gardens (Atlanta, Ga)" (R) (also 9/29 12:30am)

1:00PM **Sara's Weeknight Meals** "High 5 - 5 Ingredient Mains" (R)  
Buffalo Rice, Sauteed Duck Breasts with Apricot Szechuan Peppercorn Sauce and Broccoli Pasta.

1:30PM **Lidia's Kitchen** "Summertime Fun" (R)  
Corn and zucchini minestra, shrimp and mixed bean salad and polenta with honey and berries are made. (also 9/28 5pm, 9/29 2am, 9/29 5:30am)

2:00PM **Cook's Country** "Reimagining Italian-American Classics" (R)  
Test cook Bryan Roof makes host Julia Collin Davison a regional favorite - Detroit-style pizza. (also 9/28 5:30pm)

2:30PM **Pati's Mexican Table** "How I Got To Now" (R)  
Delicious dishes include Sopos, Caramelized pasilla brisket and Tiger pound cake. (also 9/29 3am)

3:00PM **Steven Raichlen's Project Fire** "Gulf Coast Grill"  
Blackened redfish, Florida shrimp boil, oysters and clams are prepared in Steinhatchee, Florida. (also 9/29 3:30am)

3:30PM **This Old House** (R)  
America's favorite home improvement series, the Emmy Award-winning THIS OLD HOUSE, with host Kevin O'Connor, general contractor Tom Silva, plumbing and heating expert Richard Trethewey, landscape ... (also 9/29 4am)

4:00PM **Richard Bangs' Adventures With Purpose Assam In**  
Discover rushing rivers, strapping monsoons and the elusive one-horned rhinoceros in Assam, India. (also 9/29 4:30am)

5:00PM **Lidia's Kitchen** "Summertime Fun" (R)  
Corn and zucchini minestra, shrimp and mixed bean salad and polenta with honey and berries are made. (also 9/29 2am, 9/29 5:30am)

5:30PM **Cook's Country** "Reimagining Italian-American Classics" (R)  
Test cook Bryan Roof makes host Julia Collin Davison a regional favorite - Detroit-style pizza.

6:00PM **Pati's Mexican Table**  
PATI'S MEXICAN TABLE brings authentic Mexican flavors, colors, textures and warmth into American kitchens. A former policy analyst focused on Latin American politics and history, Pati Jinich is a ... (also 9/29 12pm)

6:30PM **Pati's Mexican Table** (R)  
PATI'S MEXICAN TABLE brings authentic Mexican flavors, colors, textures and warmth into American kitchens. A former policy analyst focused on Latin American politics and history, Pati Jinich is a ... (also 9/29 12:30pm)

7:00PM **Pati's Mexican Table** "A Queen In The Land Of The Gods" (R)  
Oaxacan chicken with oregano and garlic, grilled corn salad and burnt milk ice cream are served. (also 9/29 1pm)

7:30PM **Pati's Mexican Table**  
PATI'S MEXICAN TABLE brings authentic Mexican flavors, colors, textures and warmth into American kitchens. A former policy analyst focused on Latin American politics and history, Pati Jinich is a ... (also 9/29 1:30pm)

8:00PM **Pati's Mexican Table** "New York" (R)  
Pati is invited to cook a Cinco de Mayo dinner at the prestigious James Beard House in New York. (also 9/29 2pm)

8:30PM **Pati's Mexican Table** "Ancient Yucatan With My Boys" (R)  
Pati's three sons climb the ancient ruins of Uxmal enjoy delicious tamales and cochinita pibil. (also 9/29 2:30pm)

9:00PM **Pati's Mexican Table** "From Pueblo To City" (R)  
Delicious dishes include meatballs in guajillo sauce and arroz con chepil. (also 9/29 3pm)

9:30PM **Pati's Mexican Table** "La Paz: The Heart Of Baja Sur" (R)  
Pati swims with whale sharks and enjoys local food in La Paz, Baja Sur's breathtaking capital. (also 9/29 3:30pm)

10:00PM **Pati's Mexican Table**  
PATI'S MEXICAN TABLE brings authentic Mexican flavors, colors, textures and warmth into American kitchens. A former policy

analyst focused on Latin American politics and history, Pati Jinich is a ... (also 9/29 4pm)

10:30PM **Pati's Mexican Table** "The Art Of Mole" (R)

Recipes include mole verde with pork and white beans and Almendrado with chicken. (also 9/29 4:30pm)

11:00PM **Pati's Mexican Table** "Chachi's Champoton Kitchen" (R)

Pati heads to the coastal city of Champoton and prepares Pollo Pibil and pan de cazon. (also 9/29 5pm)

11:30PM **Pati's Mexican Table** "The Godmother Of Cabo Cuisine" (R)

Pati spends the day in Los Cabos and enjoys the traditional dishes of the small town of Miraflores. (also 9/29 5:30pm)

12:00AM **America's Test Kitchen From Cook's Illustrated** "Mexican Fare" (R) (also 9/29 2:30am)

12:30AM **Growing a Greener World** "Cemetery Gardens (Atlanta, Ga)" (R)

1:00AM **Bringing It Home With Laura Mcintosh** "Artichokes" (also 9/30 7am, 9/30 1pm)

1:30AM **Curious Traveler** "Curious French Villages" (R)

2:00AM **Lidia's Kitchen** "Summertime Fun" (R) (also 9/29 5:30am)

2:30AM **America's Test Kitchen From Cook's Illustrated** "Mexican Fare" (R)

3:00AM **Pati's Mexican Table** "How I Got To Now" (R)

3:30AM **Steven Raichlen's Project Fire** "Gulf Coast Grill"

4:00AM **This Old House** (R)

4:30AM **Richard Bangs' Adventures With Purpose Assam In**

5:30AM **Lidia's Kitchen** "Summertime Fun" (R)

## Sunday | September 29

6:00AM **Fit 2 Stitch** (R)

6:30AM **Grand View** "Great Basin National Park" (R)

7:00AM **Julie Taboulie's Lebanese Kitchen** "Meet Me At The Market" (R) (also 9/30 1am)

7:30AM **Food Flirts** "Burger Meets Dosa" (R)

8:00AM **Jacques Pepin: More Fast Food My Way** "Simple Savers" (R)

8:30AM **Joanne Weir's Plates And Places** "Chocolate" (R)

9:00AM **Trails To Oishii Tokyo**

9:30AM **Journeys In Japan**

10:00AM **Ask This Old House** "Closet Door, Bathroom Paint" (R) (also 9/29 6pm, 9/29 10pm, 9/30 4am)

10:30AM **The Woodwright's Shop** "Carving Away With Mary May" (R)

11:00AM **Garden Smart**

11:30AM **Urban Conversion** (R)

12:00PM **Pati's Mexican Table**

12:30PM **Pati's Mexican Table** (R)

1:00PM **Pati's Mexican Table** "A Queen In The Land Of The Gods" (R)

Oaxacan chicken with oregano and garlic, grilled corn salad and burnt milk ice cream are served.

1:30PM **Pati's Mexican Table**



PATI'S MEXICAN TABLE brings authentic Mexican flavors, colors, textures and warmth into American kitchens. A former policy analyst focused on Latin American politics and history, Pati Jinich is a ...

2:00PM **Pati's Mexican Table** "New York" (R)

Pati is invited to cook a Cinco de Mayo dinner at the prestigious James Beard House in New York.

2:30PM **Pati's Mexican Table** "Ancient Yucatan With My Boys" (R)

Pati's three sons climb the ancient ruins of Uxmal enjoy delicious tamales and cochinita pibil.

3:00PM **Pati's Mexican Table** "From Pueblo To City" (R)

Delicious dishes include meatballs in guajillo sauce and arroz con chepil.

3:30PM **Pati's Mexican Table** "La Paz: The Heart Of Baja Sur" (R)

Pati swims with whale sharks and enjoys local food in La Paz, Baja Sur's breathtaking capital.

4:00PM **Pati's Mexican Table**

PATI'S MEXICAN TABLE brings authentic Mexican flavors, colors, textures and warmth into American kitchens. A former policy analyst focused on Latin American politics and history, Pati Jinich is a ...

4:30PM **Pati's Mexican Table** "The Art Of Mole" (R)

Recipes include mole verde with pork and white beans and Almendrado with chicken.

5:00PM **Pati's Mexican Table** "Chachi's Champoton Kitchen" (R)

Pati heads to the coastal city of Champoton and prepares Pollo Pibil and pan de cazon.

5:30PM **Pati's Mexican Table** "The Godmother Of Cabo Cuisine" (R)

Pati spends the day in Los Cabos and enjoys the traditional dishes of the small town of Miraflores.

6:00PM **Ask This Old House** "Closet Door, Bathroom Paint" (R)

Tom replaces a bi-fold closet door in Pittsburgh with one that is more appropriate for the house. (also 9/29 10pm, 9/30 4am)

6:30PM **Steven Raichlen's Project Fire** "Florida Tailgate Party"

Pork shooters stuffed with shrimp, cheese and sausage, Miami wings and smoky hamburgers are served. (also 9/29 9:30pm)

7:00PM **Steven Raichlen's Project Smoke** "You Can Smoke What?! Extreme Smoking" (R)

Smoked Deviled Eggs and Hay-Smoked Steak with Chipotle Salsa are prepared. (also 9/30 12:30am)

7:30PM **Christopher Kimball's Milk Street Television** "Easy French Desserts" (R)

Milk Street cook Erika Bruce shows Christopher Kimball how to make an easy French apple cake.

8:00PM **Martha Stewart's Cooking School** "Pasta" (R)

Martha and chef and restaurateur Michael White explore the art of making fresh pasta from scratch. (also 9/29 11:30pm, 9/30 2am, 9/30 5:30am)

8:30PM **America's Test Kitchen From Cook's Illustrated** "Brunch Favorites" (R)

Coffee Cake with Pecan-Cinnamon Streusel is prepared and Broccoli and Feta Frittata is served. (also 9/30 12am, 9/30 2:30am)

9:00PM **Jamie's Quick & Easy Food** "Chops/Linguine/Fish Cakes" (R)

Jamie cooks up his tender lamb shoulder, super green spaghetti and apple crumble cookies. (also 9/30 3am)

9:30PM **Steven Raichlen's Project Fire** "Florida Tailgate Party"

Pork shooters stuffed with shrimp, cheese and sausage, Miami wings and smoky hamburgers are served.

10:00PM **Ask This Old House** "Closet Door, Bathroom Paint" (R)

Tom replaces a bi-fold closet door in Pittsburgh with one that is more appropriate for the house. (also 9/30 4am)

10:30PM **Rick Steves' Europe** "Central Turkey" (R)

Rick Steves explores the capital Ankara and marvels at the fascinating landscape of Cappadocia. (also 9/30 4:30am)

11:00PM **Samantha Brown's Places To Love** "Huntsville, Alabama" (R)

Samantha visits Space Camp and the U.S Space and Rocket Center in Huntsville, Alabama. (also 9/30 5am)

11:30PM **Martha Stewart's Cooking School** "Pasta" (R)

Martha and chef and restaurateur Michael White explore the art of making fresh pasta from scratch. (also 9/30 2am, 9/30 5:30am)

12:00AM **America's Test Kitchen From Cook's Illustrated** "Brunch Favorites" (R) (also 9/30 2:30am)

12:30AM **Steven Raichlen's Project Smoke** "You Can Smoke What?! Extreme Smoking" (R)

- 1:00AM **Julie Taboulie's Lebanese Kitchen** "Meet Me At The Market" (R)
- 1:30AM **Pedal America** "Living In Harmony - Tampa & St. Petersburg, Florida" (R)
- 2:00AM **Martha Stewart's Cooking School** "Pasta" (R) (also 9/30 5:30am)
- 2:30AM **America's Test Kitchen From Cook's Illustrated** "Brunch Favorites" (R)
- 3:00AM **Jamie's Quick & Easy Food** "Chops/Linguine/Fish Cakes" (R)
- 3:30AM **Steven Raichlen's Project Fire** "The Best Bbq You've Never Heard Of"
- 4:00AM **Ask This Old House** "Closet Door, Bathroom Paint" (R)
- 4:30AM **Rick Steves' Europe** "Central Turkey" (R)
- 5:00AM **Samantha Brown's Places To Love** "Huntsville, Alabama" (R)
- 5:30AM **Martha Stewart's Cooking School** "Pasta" (R)

### Monday | September 30

- 6:30PM **Steven Raichlen's Project Fire** "Shoulder On"  
The shoulder, the richest, meatiest, most flavorful cut you find in the meat department, #is explored. (also 9/30 9:30pm)
- 7:00PM **Simply Ming** "Mathew Peters" (R)  
Chicken and crayfish and surf-and-turf dark chicken and shrimp stir fry with snap peas are served.
- 7:30PM **Sara's Weeknight Meals** "Girls At The Grill With Elizabeth Karmel" (R)  
Chicken Paillard with Greek Farmer's Salad and Blistered Corn and Asparagus Pesto Grilled Pizza.
- 8:00PM **Lidia's Kitchen** "Crowd Pleasers" (R)  
Lidia cooks up sausages and apples, a flavorful one-pot meal that is great for family-style dining. (also 9/30 11:30pm)
- 8:30PM **Cook's Country** "Holiday Roast And Potatoes" (R)  
A classic recipe for Boneless Rib Roast is streamlined with Yorkshire Pudding and Jus.
- 9:00PM **Pati's Mexican Table** "More Than Just A Meal" (R)  
Chipotle goat cheese spread and Cesina and creamy slaw ciabatta sandwich are served.
- 9:30PM **Steven Raichlen's Project Fire** "Shoulder On"  
The shoulder, the richest, meatiest, most flavorful cut you find in the meat department, #is explored.
- 10:00PM **This Old House** "Jamestown | Net Zero Comes Together" (R)  
The Net Zero house is complete. Kevin and Tom discuss challenges and Richard reviews mechanicals.
- 10:30PM **Richard Bangs' Adventures with Purpose Geneva & the Matterhorn** (R)  
The adventurer explores the Rhone River, Lake Geneva and the Matterhorn regions of Switzerland.
- 11:30PM **Lidia's Kitchen** "Crowd Pleasers" (R)  
Lidia cooks up sausages and apples, a flavorful one-pot meal that is great for family-style dining.